

32nd Annual Weedsport Track & Field Invitational

- Date:** Friday May 10th, 2019
- Place:** Weedsport Track and Field Facility
- Time:** Meet will start promptly at 4:00. Coaches meeting at 3:40 at the infield of the track. Shot and discus weigh in at 3:20 next to the concession stand.
- Entries:** Athletes may compete in 3 events.
Only 1 relay team entry per event.
No Pentathlon.
2 entries per school for individual events.
Please submit entries online to <https://ny.milesplit.com/meets/341526>
Entry Deadline is 8:00 P.M. Tuesday May 7th, 2019. Only drops the day of the meet, no adds.
- Entry Fee:** \$250 per school, \$150 for only boys or girls. 15 per athlete (5 max)
Payment mailed by May 8th, 2019 to:
Weedsport Warriors Sports Boosters
c/o Zac Young
2821 East Brutus Street
Weedsport, New York 13166
- Scoring:** 10-8-6-4-2-1
- Awards:** Ribbons to top 6 finishers in each event, Top 3 Teams, Outstanding Track Athlete, Outstanding Field Athlete
- Facilities:** 6-lane all-weather track with steeplechase
2 horizontal jumping areas with all weather
Surface runways. High jump and pole vault areas with all-weather surfaces
Shot put and discus area with concrete throwing areas
Starting blocks will be provided. You may bring your own.
- Rules:** Spikes will be permitted. **No spikes allowed in the building.** The competition areas. FAT will be used. Concessions will be available.

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Order of Events:

400M Hurdles (B, G)	Timed Final
3200M (B)	Final
400M Relay (B, G)	Trials
3000M (G)	Final
110M Hurdles (B)	Final
100M Hurdles (G)	Final
100M Dash (B, G)	Final
400M (B, G)	Final
1600M (B)	Final
1500M (G)	Final
Sprint Medley (B, G)	Final (400-200-200-800)
Novice 1600M (B)	Final (No entrant who has run under 5:25)
800M (B, G)	Final
Novice 1500M (G)	Final (No entrant who has run under 6:00)
200M (B, G)	Final
Weightmen 4 x 100 Relay	(Only shot or discus boys 180 lbs and over- scale at clerking area)
Weightladies 4 x 100 Relay	(Only shot or discus girls) (Non- scoring)
3200M Relay (B, G)	Final
400M Relay (B, G)	Final
1600M Relay (B, G)	Final
Field Events:	
Shot (B, G)	
Long Jump (B, G) then Triple Jump (B, G)	
Discus (G, B)	
High Jump (G, B)	
Pole Vault (B, G)	
Novice Shot Put (B, G)	
Novice Discus (G, B)	
Pole Vault (B)- starts at 8' by 6" to completion	
Pole Vault (G)- starts at 6' by 6" to completion	
Triple Jump, Long Jump, Shot, Discus-3 jumps/throws per entrant (no final)	
High Jump (B)- Start at 5' by 2" (G)- Start at 4' by 2" to completion	

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Please contact Athletic Director Zac Young if you have any questions via email at zyoung@weedsport.org or 315-834-8260.

Please email your intent to participate (Both boys and girls, boys or girls team only, or individual athlete) as soon as possible as spots fill up quickly!

Please include the email of your coach when you submit intent to participate. Thank you.

Concessions: Food and Beverages

Invitational T-shirts available to purchase the day of the event

All results will be posted at tullyrunners.com and at wil-time.com after the completion of the event.

