THERUNNINGSCHOOL.COM PRESENTS WARWICK VALLEY'S 18th ANNUAL "WAVE MANIA" Saturday September 14, 2019 @ Sanfordville Elementary School in Warwick, NY

You are invited to enter the 18th Annual Wave Mania Cross Country Festival hosted by Dream Big Athletics Inc! Join the best teams and aspiring distance runners from New York, New Jersey, Pennsylvania, and Connecticut at the scenic 5,000 meter championship course which was the site of the 2006 NYSPHSAA X-C Championships! The all grass and rolling course will serve your runners a treat they will long remember. Great awards, music, and food await your team. The awards include custom medals 20 deep in all races, and a plaque to the winning team in each race.

DATE: Saturday September 14, 2019

PLACE: Sanfordville Elementary School, Warwick, New York (1/2 mile from WVHS)

RACES: Varsity (Maximum 7 Runners)

Junior Varsity (Unlimited) Freshman (Unlimited)

*Sanctions Applied for NY-NJ-CT-PA

Races will be evenly seeded in all Varsity Divisions. There is NO CHAMPIONSHIP RACE

ENTRY PAYABLE TO: Dream Big Athletics Inc

83 Belcher Road Warwick, NY 10990

For your business office DBA Inc is a Non-Profit Organization EIN #: 26-1354444

ENTRY FEE: \$150 Blanket Entry Per Gender (\$300 B&G)

or

\$60 Varsity team of 7 Runners only

or

\$15 per Individual

CONTACT: Mike Potter-Meet Director

(845) 987-6997 wvxctf@gmail.com

MEET ENTRY BLANK

Please complete neatly

Name of School:		
Address:		
City:	State:	Zip Code:
Boys Coach:	Email:	
Daytime Phone:	Evening Phone:	
Girls Coach:		Email:
Daytime Phone:	Evening Phone:	
Please indicate the number Varsity races are limited to		ter in each race. Remember that est are UNLIMITED.
Freshman Boys	Freshman Girls	
	Junior Varsity Girls	
	Varsity Girls	
ENTRY PAYABLE TO:	_ Dream Big Athletics Inc	
	83 Belcher Road	
	Warwick, NY 10990	

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ENTRY DEADLINE/ PROCEDURE:

You must do 2 things. 1-Make sure paper entry is mailed to me at the above address postmarked no later than Sat Sept 7, 2019. (I understand check may be mailed later) or you may email the above information of the Entry Blank to: wvxctf@gmail.com by the same deadline with the title "Wave Mania" so I am aware of your intent to compete. Please indicate the total number of runners in each race for your team. If I do not email you back, I did not get your entry!

2- Enter your roster online at: http://ny.milesplit.com/calendar no later than Tue Sept 10, 2019 at 11:59pm. Please list ONLY the athletes you expect to run on your roster. Rosters need to be submitted to http://ny.milesplit.com/calendar by 11:59pm 9/10.

ENTRY CONFIRMATION: After submitting your roster into the Wave Mania Invite on Milesplit, you may print a confirmation of your entries Questions about your entries should be addressed to Tim Fulton (914) 629-7669 or fulton.timmy@gmail.com. Questions about other "things" Wave Mania go to me.

2019 WAVE MANIA X-C FESTIVAL ORDER OF EVENTS

Medals 1-20 in All RacesPlaque to Championship team in each race

* Notice Change in Previous Years order of Events and time schedule*

8:41am Girls JV I (3.09 miles)

9:11am Boys JV I (3.09 miles)

9:36am Boys JV II (3.09 miles)

10:01am Boys Varsity I (3.09 miles)

10:26am Girls Varsity I (3.09 miles)

10:56am Boys Varsity II (3.09 miles)

11:21am Girls Varsity II (3.09 miles)

11:51am Girls Frosh (1.5 miles)

12:06pm Boys Frosh (1.5 miles)

Final Time Schedule and race assignments will be announced Thursday September 12, 2019 on Milesplit Wave Many Page, email and on our twitter: warwickvalleyxc

Depending on the number of entries we may only have 1 varsity race for each gender and we may adjust Frosh and JV races slightly also so please arrive accordingly.

Meet T-Shirts will be on sale for \$15

Concession stand also open

Our Freshman Course May be different than years past due to construction

Coaches MUST SUPPLY OWN PINS