

**2010 Elmira City School District
Waite/Molnar
Track and Field Invitational
April 10, 2010**



**If your team will be participating in this invitational
please fax the following information to the Elmira
City School District
Athletic Office @ 735-3199 ASAP.**

School Name	
Coach's Name	
Coach's Phone Number	
Athletic Director Name	
Athletic Director Phone Number	
Yes, We will be attending	No, we will not attend

**The first sixteen teams to apply
will be entered into this invitational.**

**Entry Fee of \$200.00 for this invitational is due:
April 1, 2010**

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The following teams have been invited, if you are not on this list and are interested in having your team compete please contact:

Ben Cardamone bcardamone@elmiracityschools.com

Greg Grund ggrund@elmiracityschools.com

Dave Perkins dperkins@elmiracityschools.com

Jason Stukey jstukey@elmiracityschools.com

BGA High School
Binghamton High School
Chenango Forks High School
Corning School District
Dryden High School
Elmira Notre Dame High School
Horseheads High School
Ithaca High School
Johnson City High School
Lansing High School
Norwich High School
Oneonta High School
Owego Free Academy
Seton Catholic High School
Susquehanna Valley High School
Thomas Edison High School
Trumansburg High School
Union Endicott High School
Vestal High School
Waverly High School
Whitney Point High School
Windsor High School

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The Track and Field coaching staff at Southside and Elmira Free Academy High Schools are excited to once again bring back the Waite/Molnar Track and Field Invitational. We would like to invite you and your team to join us on Saturday, April 10, 2010. The Waite/Molnar Invitational will be held at Elmira Free Academy's brand new 8 lane all weather track.

We are planning on having a 16 team invitational with 6 place finishers. The first sixteen teams to apply will be entered. There will be a \$200.00 entry fee due April 1st. This includes both boys and girls. If it is just one team (b/g) the fee is \$125.00. Ribbons will be awarded to the top 6 place winners and first place will receive a championship t-shirt.

Entries are limited to two per event. All submissions or team entries must be in by Tuesday, April 6th at 6:00 pm. No entries will be accepted after 6:00 pm. We intend on using sydexsports.com to enter your athletes. Throws and jumps will be three throws - top seven to finals with three more throws. We will also be running a 3000/3200 steeplechase. Order of events and other finalized information regarding the invitational will be provided at the Section IV meeting in March.

Please note:

- 1/8" pyramid spikes are the only spikes allowed on the track
- No teams will be allowed in the football field
- Concession stand and locker room facilities will be available
- Starting Heights: Boy's HJ- 4'8 Girl's HJ- 3'8 Boy's PV- 8' Girl's PV-6'

Entry Fee of \$200.00 should be received by April 10, 2010

Please mail this to:

Elmira Free Academy Varsity Club
933 Hoffman Street
Elmira, New York 14905

ATT: Brenda Brown