

COACHES

- 1) **COLLECT YOUR RUNNERS CARDS AT THE END OF EACH RACE.**
 - put their name and your school on each card
 - hand in to the scorers table by the school
- 2) **AWARDS WILL BE DISTRIBUTED AS SOON AS POSSIBLE AT THE END OF EACH RACE.**
- 3) **CONSESSIONS AND SHIRTS ARE AVAILABLE.**
- 4) **BATHROOMS ARE LOCATED AT THE REAR OF THE BUILDING AND INSIDE THE LOCKER ROOMS, ENTER THROUGH THE BACK OF THE SCHOOL.**
- 5) **THE SCHOOL WILL BE CLOSED TO ALL, EXCEPT THE LOCKER ROOMS, THE PSAT EXAM IS GOING ON INSIDE THE SCHOOL.**
- 6) **YOU WILL BE GIVEN A GARBAGE BAG, PLEASE PICK UP ALL GARBAGE IN YOUR AREA.**
- 7) **COURSES ARE COLOR CODED; VARSITY IS MARKED IN WHITE
MODIFIED, FROSH, AND NOVICE
ARE MARKED IN YELLOW**
- 8) **COACHES, PLEASE MONITOR YOUR ATHLETES. NO UNSPORTSMANSHIP WILL BE TOLERATED.**
- 9) **THANK YOU FOR PARTICIPATING IN OUR SECOND ANNUAL XC INVITATIONAL, WE HOPE TO SEE YOU AGAIN NEXT YEAR.**