

Starpoint Team Challenge Information

Your team is invited to participate in the 4th annual Starpoint Team Challenge at 9:30 a.m. on Saturday May 16th, 2009 at Starpoint High School. This meet will have the same format as a typical individual competition, but with team points awarded to finishers with the best combined time, distance, or height. Traditional relays will be run with team points earned by 1 relay team.

Each team should have 2 competitors per event and 1 baton relay team. Medals will be awarded to the top 3 tandems and relay teams with ribbons going to 4th thru 6th place. The top 3 boys' and girls' teams will be presented with trophies.

Meet Format: Combining the results of 2 competitors will score individual events. Relays will be scored as they normally are with 1 relay team per school comprised of 4 runners.

Example: Starpoint runner 1's time is 55.1 and Starpoint runner 2's time is 56.5. Combined time for the runners is 1.51.6. Starpoints' tandem will be ranked based on their combined times.

Team Scoring: 6-4-3-2-1. Ties will be broken by the better result of the top finisher of the tied teams. Tied team finishers will be broken by the team with the most first place finishes over-all.

Awards: Medals to the top 3 tandems and relays in each event. Ribbons will be awarded to 4th thru 6th place. Team awards to the top 3 boys and girls teams.

Miscellaneous Information: The track is an all-weather surface. 1/8" spikes maximum are allowed. Concessions and t-shirts will be sold at the meet. There is plenty of room in the high school parking lot for buses and cars.

The 2009 Starpoint Team Challenge will be limited to 25 boys' and 25 girls' teams maximum. The first 25 team entries will compete only. Due to the high number of competitors we are focusing on running the meet as efficiently as possible.

All competitors will wear numbers when competing on the track. Athletes in races 400 meters or less will wear numbers on their back and races 800 meters and up will wear numbers on the front.

The starting heights for the high jump and pole vault will be slightly more challenging. A minimum distance for measurement of throws and jumps will be instituted (see minimum standards for measurement chart).

Event entries should be submitted on-line using the attachment provided by Tuesday May 12th with final changes due Friday, May 15th at noon. Entries and changes should be e-mailed to sdewolfe@starpointcsd.org. (ctrl + click to following link)

Coaches please include an e-mail address with your return correspondence for contact purposes.

We ask that changes the day of the meet be done only in an extreme circumstance. There will be no additions the day of the meet.

Minimum Standards for Measurement

	<u>Girls</u>	<u>Boys</u>
Shot	23'	33'
Discus	70'	90'
Long Jump	12' 6	16'
Triple Jump	28'	33'

Starting Heights

Pole Vault	7'	9'
High Jump	4'	5'

2009 Starpoint Team Challenge Invitational

Order of Events

Coaches Meeting will begin at 8:45 am @ Clerking Tent

9:30 am G- 2000m Steeplechase (Final)
 B- 3000m Steeplechase (Final)
 G- 100m Hurdles (Final)
 B- 110m Hurdles (Final)
 G- 3000m (Final)
 G/B- 400m Relay (Semi.)
 B- 3200m (Final)
 G/B- 100m (Final)
 G/B- 400m (Final)
 G- 1500m (Final)
 B- 1600m (Final)
 G/B- 400m Intermediate Hurdles (Final)
 G/B- 800m (Final)
 G/B- 200m (Final)
 G/B- 3200m Relay
 G/B- 400m Relay
 G/B- 1600m Relay

- Relay cards due to clerk official by second call

9:30 am Boys & Girls Long Jump
 Boys & Girls Triple Jump

- 2 Hr. Open Pit- 4 Total Attempts per Competitor

Girls High Jump (Boys to Follow) Starting Ht. G- 4' B- 5'
Girls Pole Vault (Boys to Follow) Starting Ht. G- 7' B- 9'
Boys Shot Put (Girls to Follow)
Girls Discus (Boys to Follow)

- 4 Attempts per Competitor SP, Discus



**STARPOINT SPARTAN
TEAM CHALLENGE**

TRACK & FIELD MEET

MAY 16, 2009

9:30 AM

The cost of the meet is \$100.00 per team (Boys=\$100 and Girls=\$100). Please make checks payable to:

Starpoint Track Boosters Club
c/o Athletic Office
Starpoint Central School District
4363 Mapleton Road
Lockport, NY 14094

The fee is due by Friday, May 8, 2009. Please complete the bottom half and mail to:
Athletic Director, Starpoint Central School, 4363 Mapleton Rd, Lockport, NY 14094 or fax to 210-2380; **by April 15th**. If you have any questions, please feel to call Brian Lasher 310-8609 or the Athletic Office 210-2304.

If attending, please remit attached Entry Form.

DETACH AND RETURN ASAP. DEADLINE: APRIL 15th, 2009. (Limit 25 teams)

STARPOINT SPARTAN TEAM CHALLENGE

SCHOOL: _____

PHONE: _____

BOYS COACH: _____ PHONE/EMAIL: _____/_____

GIRLS COACH: _____ PHONE/EMAIL: _____/_____

Check one

Circle one

_____ YES

BOYS / GIRLS / BOTH WILL ATTEND

_____ NO

BOYS / GIRLS / BOTH WILL ATTEND

COMMENTS:

