

Starpoint Team Challenge Information

Your team is invited to participate in the 5th annual Starpoint Team Challenge at 9:30 a.m. on Saturday May 15th, 2010 at Starpoint High School. This meet will have the same format as a typical individual competition, but with team points awarded to finishers with the best combined time, distance, or height. Traditional relays will be run with team points earned by 1 relay team.

Each team should have 2 competitors per event and 1 baton relay team. Medals will be awarded to the top 3 tandems and relay teams with ribbons going to 4th thru 6th place. The top 3 boys' and girls' teams will be presented with trophies.

Meet Format: 2 competitors; combined results will score individual events.

Relays will be scored as they normally are with 1 relay team per school comprised of 4 runners.

Example: Starpoint runner 1's time is 55.1 and Starpoint runner 2's time is 56.5. Combined time for the runners is 1.51.6. Starpoints' tandem will be ranked based on their combined times.

Team Scoring: 6-4-3-2-1. Ties will be broken by the better result of the top finisher of the tied teams. Tied team finishers will be broken by the team with the most first place finishes over-all.

Awards: Medals to the top 3 tandems and relays in each event. Ribbons will be awarded to 4th thru 6th place. Team awards to the top 3 boys and girls teams. Awards will be given to coaches at the conclusion of the meet.

Miscellaneous Information: The track is an all-weather surface. 1/8" spikes maximum are allowed. Concessions and t-shirts will be sold at the meet. There is plenty of room in the high school parking lot for buses and cars.

The starting heights for the high jump and pole vault will be slightly more challenging. A minimum distance of measurement for throws and jumps may be instituted (see minimum standards for measurement chart), based on the number of teams.

Event entries should be submitted on-line using the attachment provided by Tuesday May 11th with final changes due Friday, May 14th at noon. Entries and changes should be e-mailed to sdewolfe@starpointcsd.org. (ctrl + click to following link)

Coaches please include an e-mail address with your return correspondence for contact purposes.

We ask that changes the day of the meet be done only in an extreme circumstance. There will be no additions the day of the meet.

Minimum Standards for Measurement

	<u>Girls</u>	<u>Boys</u>
Shot	23'	33'
Discus	70'	90'
Long Jump	12' 6	16'
Triple Jump	28'	33'

Starting Heights

Pole Vault	7'	9'
High Jump	4'	5'

2010 Starpoint Team Challenge Invitational

Order of Events

Coaches Meeting will begin at 8:45 am @ Storage garage

9:30 am G- 2000m Steeplechase (Final)
B- 3000m Steeplechase (Final)
G- 100m Hurdles (Final)
B- 110m Hurdles (Final)
G- 3000m (Final)
G/B- 400m Relay (Semi.)
B- 3200m (Final)
G/B- 100m (Final)
G/B- 400m (Final)
G- 1500m (Final)
B- 1600m (Final)
G/B- 400m Intermediate Hurdles (Final)
G/B- 800m (Final)
G/B- 200m (Final)
G/B- 3200m Relay
G/B- 400m Relay
G/B- 1600m Relay

- Relay cards due to clerk official by second call

9:30 am Boys & Girls Long Jump
Boys & Girls Triple Jump

- 2 Hr. Open Pit- 4 Total Attempts per Competitor

Girls High Jump (Boys to Follow) Starting Ht. G- 4' B- 5'
Girls Pole Vault (Boys to Follow) Starting Ht. G- 7' B- 9'
Boys Shot Put (Girls to Follow)
Girls Discus (Boys to Follow)

- 4 Attempts per Competitor SP, Discus



STARPOINT SPARTAN TEAM CHALLENGE

TRACK & FIELD MEET

May 15, 2010

9:30 am

The cost of the meet is \$100.00 per team (Boys=\$100 and Girls=\$100). Please make checks payable to:

Starpoint Track Boosters Club
c/o Athletic Office
Starpoint Central School District
4363 Mapleton Road
Lockport, NY 14094

The fee is due by Friday, April 30, 2010. Please complete the bottom half and mail to:
Athletic Director, Starpoint Central School, 4363 Mapleton Rd, Lockport, NY 14094 or fax to
210-2380; **by April 23th**. If you have any questions, please feel to call Brian Lasher 310-8609 or
the Athletic Office 210-2304.

If attending, please remit attached Entry Form.

DETACH AND RETURN ASAP. DEADLINE: APRIL 23th, 2010. (Limit 25 teams)

Or email Brian lasher: blasher@starpointcsd.org

Starpoint Spartan Team Challenge

SCHOOL: _____

PHONE: _____

BOYS COACH: _____ PHONE/EMAIL: _____/_____

GIRLS COACH: _____ PHONE/EMAIL: _____/_____

Check one

Circle one

____ YES

BOYS / GIRLS / BOTH WILL ATTEND

____ NO

BOYS / GIRLS / BOTH WILL ATTEND

COMMENTS:
