

The Square Deal Invitational

12:00 Start on April 13, 2019 at Wildcat Stadium

FEATURES OF THE MEET INCLUDE:

- A full slate of events for both boys and girls,
 - **Pentathlon****
 - **Steeplechase****
- Online entries through MileSplit
- FAT for all track events (except Steeple)
- Team and Individual Awards

MEET ENTRY FEES:

- \$200.00 for either boys or girls team
- \$250.00 for both boys and girls teams combined
- \$20.00 per individual athlete up to 6 athletes

MEET ENTRY DEADLINES:

- Email intention to attend meet by Monday, March 25th to Eric Putman at eputman@jcschools.stier.org.
- ***Please indicate your team entry choice (boys, girls, both, or single athletes).
 - Submit MileSplit entries by 6:00 p.m. by Wednesday, April 10th.
- Mail entry form, along with a check or purchase order, made payable to:
JCABC, c/o Eric Putman, 666 Reynolds Rd., Johnson City, NY 13790.

Entry Limits:

- 1 male and 1 female Pentathlon entry per team.
- 2 entries per team in all other individual events.
 - 1 entry per team in relay events

TRACK EVENTS:

- Girls 100H
- Boys 110H
- Girls 2000m Steeplechase
- Boys 3000m Steeplechase
 - Boys 200m
 - Girls 200m
 - Girls 100m
 - Boys 100m
 - Girls 1500m
 - Boys 1600m
- Boys 3200m/Girls 3000m
 - Girls 400m
 - Boys 400m
 - Girls 800m
 - Boys 800m

- Girls 4x400

- Boys 4x400

- Girls 4x800

- Boys 4x800

- Boys 4x100

- Girls 4x100

FIELD EVENTS:

- **Boys and Girls Pentathlon**

- Boys and Girls Long Jump

- Girls and Boys Triple Jump

- Girls and Boys High Jump

- Girls and Boys Shot Put

- Girls and Boys Pole Vault

- Girls and Boys Discus

SATURDAY, APRIL 13th, 2019
12:00 PM @ WILDCAT STADIUM
666 Reynolds Rd., Johnson City, NY 13790

ENTRY FORM

School _____

Coach's Name: _____

Coach's Phone Number: _____

_____ Boys Team Only - \$200.00

_____ Girls Team Only - \$200.00

_____ Boys and Girls Team Combined - \$250.00

_____ Individual athletes Number of Athletes (maximum 6) _____ x \$20

Please enclose check or purchase order made payable to **JCABC**
along with your entry form to:

JC Track & Field
Johnson City Central School District
Attn: Eric Putman
666 Reynolds Rd.,
Johnson City, NY 13790

Please submit entry form on or before Friday, March 29, 2019.

Thank you.