

2009 SECTION VII INVITATIONAL

HOSTED: By SUNY Plattsburgh

SITE: Rugar Street, Plattsburgh, New York- *Site of 2009 New York State Championships*

DATE: September 12, 2009

RACES:

10:00 G JV A Race(schools with enrollment above 530) unlimited

10:30 B JV A Race(schools with enrollment above 530) unlimited

11:00 G JV B Race(schools with enrollment of 0-529) unlimited

11:30 B JV B Race(schools with enrollment of 0-529) unlimited

12:00 G Varsity A Race(schools with enrollment above 712) Top 7

12:30 B Varsity A Race(schools with enrollment above 712) Top 7

1:00 G Varsity B Race (schools with enrollment of 350-711)- Top 7

1:30 B Varsity B Race (schools with enrollment of 350-711)- Top 7

2:00 G Varsity C Race (schools with enrollment of 0-349)- Top 7

2:30 B Varsity C Race (schools with enrollment of 0-349)- Top 7

ENTRY FEES: \$75.00 for a girls or boys team; \$125.00 for both girls and boys teams; \$20 for individuals.

ENTRY PROCEDURE:

- Enter by declaring your athletes before **Saturday, August 29, 2009.**

- Send list of all athletes to Ryan Wrisley

Call: (518)593-2807

or

E-Mail To: wriz@wriznet.us

- The athlete information will be input into a Ryan's system; so the sooner we get information the more organized it will be.

CONTACT PERSONS:

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CHECKS OR VOUCHERS TO:

Mr. John Gallager

Section VII and NYSPHSAA

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Plattsburgh, New York 12901

