

6th Annual Saugerties Invitational

Date: Saturday, October 10th, 2009

The race will begin on school property then continue onto the "Horse Shows in the Sun" property.

Distance: The Varsity races will be 5,000 meters. The Freshmen race will be a 2 mile race, and the Modified race will be a 1.5 mile race. The surface will be a mixture of soft dirt, grass, and packed gravel.

Schedule: Please arrive no later than 8AM, so your athletes can walk the course.

Saturday:
9:00AM – Freshmen Boys
9:25AM – Freshmen Girls
9:50AM – Varsity 1 Boys
10:30AM – Varsity 1 Girls
11:10AM – Varsity 2 Boys
11:50AM – Varsity 2 Girls
12:30PM – Modified Boys/Girls

- (If there are low numbers of Varsity racers, only Varsity 1 Boys/Girls will race.) *

Awards: Team awards – Freshmen races 1st & 2nd place trophies

Varsity races 1st, 2nd, & 3rd place trophies

Medals will be given to the top 15 – 25 Freshmen runners, depending on the turnout. Medals will be given to the top 25 in the Varsity races.

*Food will be available at the concession stand and T-shirts will also be sold.

Registration Form:

Cost:

Individual Runner - \$10.00

Modified Team - \$25.00

Freshmen Team - \$30.00

Varsity Team - \$35.00

Blanket Fee - \$130.00

Name of School: _____

Fill in numbers that apply to each:

Individual Boys _____

Individual Girls _____

Varsity Boys _____

Varsity Girls _____

Freshman Boys _____

Freshman Girls _____ Total Cost: \$_____

*****PLEASE SUBMIT A TYPED ROSTER WITH YOUR REGISTRATION*****

***Please include a contact e-mail address**

Note – will obtain sanction for surrounding out of state schools

Make checks payable to the Saugerties Track Club

Return registration form, a check, or claim form by October 3, 2009.

Mail To: Saugerties Central Schools

Call Box A

Saugerties, NY 12477

ATTN: Athletic Office

Contact Person: John M. Lombardo, Varsity XC Coach

W: (845) 247-6500

H: (845) 246-5582

School Fax: (845) 246-1096

**Also, you can contact me on my e-mail address: JML655@aol.com