



The Rotary Relays

Chenango Forks Track and Field is hosting the **Rotary Relays** to be held on Friday April 8th, 2022 at 5:00 PM.

Scoring and General Information:

- Scoring will be done in the traditional style: 10-8-6-4-2-1.
- We will not be having the Shuttle Hurdles and instead will be having the traditional 100 and 110 Meter Hurdles. For scoring, the two Girls in the 100 Hurdles will have their places added together, with the combined lowest placement winning. This will also occur for the Boys. If a school does not have two hurdles, single hurdlers can compete, but will not be factored in the scoring.
- The Throwers 400 Meter Relay teams WILL count towards scoring and MUST be made up of Throwers that threw that day.
- There will be a coach's meeting at 4:45.
- The meet will utilize an FAT system.

Number of Entries:

For each Field Event you will be allowed two entries. For scoring purposes, Field Events will be paired together with the following:

- Vertical Jumps (High Jump and Pole Vault)
- Horizontal Jumps (Long Jump and Triple Jump)
- Throws (Shot Put and Discus)

****ATHLETES MAY ONLY COMPETE IN ONE FIELD EVENT****

You must predetermine your pairs. For Example, Long Jumper A with Triple Jumper A. Longer Jumper B with Triple Jumper B. This means you will be allowed two individuals per each Field Event. For each pair, their places in their events will be combined and then placed from lowest to highest for the scoring.

Featured Event:

The Nimmonsburg Rotary Club's founder was Dr. Robert W. Smith. In honor of Dr. Bob, the Featured Event at this Meet will be the DMR. An additional award will be given to the winners of the DMR Teams for both Boys and Girls with a special presentation from Rotary International.

Awards:

There will be T-shirts for all event winners, prizes for all first through third place finishers, and a trophy for the overall Boys and overall Girls champion.



The Rotary Relays

Concessions and T-Shirts:

There will be a concession stand and Invite T-Shirts will also be for sale.

Fees:

The entry fee for this meet is \$175 per school. Checks should be made out to “Chenango Forks Track and Field,” and mailed to Chenango Forks High School, c/o Jason Motell, 1 Gordon Drive, Binghamton, NY 13901.

Contact Information:

The meet is being capped at eighteen teams, so please reserve your spot now by sending an Email to Varsity Head Coach, Jason Motell at Motellj@cforks.org



The Rotary Relays

TRACK EVENTS					FIELD EVENTS
5:00	1	100M Hurdles	Girls	Final	Field Events will start at 5:00: Girls and Boys High Jump Girls Pole Vault Boys Shot Put Girls Discus Girls and Boys Long Jump <u>Followed By:</u> Boys Pole Vault Girls Shot Put Boys Discus Girls and Boys Triple Jump <hr/> For the Horizontal Jumps there will be 4 Jumps and no finals. For the Throws there will be 4 Throws and no finals. <hr/> *The Throwers 400M Relay must be made up of Throwers that threw the day of the Meet.
5:05	2	110M Hurdles	Boys	Final	
5:10	3	400M Relay	Girls	Trials	
5:15	4	400M Relay	Boys	Trials	
5:20	5	6400M Relay	Girls	Final	
5:50	6	6400M Relay	Boys	Final	
6:15	7	400M Relay	Girls	Final	
6:20	8	400M Relay	Boys	Final	
6:25	9	3200M Relay	Girls	Final	
6:40	10	3200M Relay	Boys	Final	
6:55	11	Sprint Medley (4-2-2-8)	Girls	Final	
7:10	12	Sprint Medley (4-2-2-8)	Boys	Final	
7:25	13	1600M Relay	Girls	Final	
7:40	14	1600M Relay	Boys	Final	
7:55	15	Dr Robert W. Smith Distance Medley (12-4-8-16)	Girls	Final	
8:10	16	Dr Robert W. Smith Distance Medley (12-4-8-16)	Boys	Final	
8:25	17	800M Relay	Girls	Final	
8:35	18	800M Relay	Boys	Final	
8:45	19	Throwers 400M Relay*	Girls	Final	
8:50	20	Throwers 400M Relay*	Boys	Final	

The times listed are estimates

Depending on the number of teams, the 6400 Meter Relay may be combined.