

21st ANNUAL PIRATE RELAYS

MEET INFORMATION

- Date & Place:** *Saturday, April 3rd, 2010, at Pearl River High School*
- Rules:** *National Federation recognized*
- Track Events:** *Check in with clerk with seed card when the event is first called.
Schools supply own cards & pins.*
- Field Events Relays:** *Two (2) competitors per relay team
Check in **at the event** with card when first called.*
- Restrictions:** **¼” pyramid spikes. No Blocks.**
- Participations:** *An athlete may compete in both Frosh-Soph and Varsity divisions but must adhere to the NYS rules of four (4) events for the entire meet.*
- Scoring:** *10-8-6-4-2-1 in each division, boys and girls separate.*
- Awards:** *T-Shirts to champions in each **varsity** event. Medals for 2, 3, 4, 5 places in each **varsity** event. Medals for top five in freshman/sophomore events. Trophies to top three (3) schools (boys & girls) in Varsity. Trophies to winning school(s)(boys & girls) in Frosh-Soph..*
- Entry:** *Four (4) teams per relay.
Six (6) max. in individual track events.*
- Entry Fee:** ***** PLEASE NOTE:** Minimum Entry Fee is \$60.00 (per team)***
This is an Entry Fee and not a Participation Fee
Boys and girls teams from one school are considered to be 2 teams.
Therefore, the minimum entry for a boys' team and a girls' team would be \$120.00.
Twenty (20) dollars per relay (track and field event). Ten (10) dollars per individual event. Or \$500 blanket Entry. (You may split \$300 for boys and \$300 for girls).
- Make Checks/Vouchers payable to:** **PIRATE RELAYS**
Gilbert Hawkins, Pirate Relays
PEARL RIVER HIGH SCHOOL
275 E. Central Avenue
Pearl River, NY 10965
OR FAX TO: (845) 620-3904
- Refreshments/T-shirts:** *Will be available for purchase.*
- Please Note:**
- *Varsity Field Events may start as early as 11:30am, depending on the meet progress. You may check in until 12:05pm. We do this to move the meet along.*
 - *There will be no rain/snow make up. You will be called if the meet will be cancelled due to the rain/snow. Make sure your phone # is one where you can be reached, write clearly. As always, you may call if you are in question.*
 - *Coaches, if you choose, please **email me to receive an email confirmation** regarding your entry Hawkinsg@pearlriver.org
(Please write your email addresses clearly on the entry.)*
- Any Questions:** **CALL GILBERT HAWKINS (201) 446-2862**
ENTRIES DUE NO LATER THAN MONDAY, MARCH 29, 2010

PIRATE RELAYS

ORDER OF EVENTS

8:30 am

FROSH-SOPH FIELD EVENT RELAYS

GIRLS: Long Jump, Discus, Pole Vault (boys to follow)

BOYS: Triple Jump, Shot Put, (girls to follow)

GIRLS & BOYS: High Jump (two pits)

8:45 am

FROSH-SOPH TRACK EVENTS (GIRLS – BOYS)

“Distance” Medley Relay (800 200 400 1600)

4 x 100 Relay

4 x 800 Relay

Sprint Medley Relay (400 200 200 800)

4 X 400 Relay

3 X Shuttle Hurdles

12:00 Noon

VARSITY FIELD EVENT RELAYS

GIRLS: Long Jump, Discus, Pole Vault (boys to follow)

BOYS: Triple Jump, Shot Put (girls to follow)

GIRLS & BOYS: High Jump (two pits)

12:05 pm

VARSITY TRACK EVENTS – Girls/Boys Unless Noted

3 X Shuttle Hurdles (Boys/Girls)

4 x 1600 Relay (girls)

4 x 100 Relay (girls)

4 x 1600 Relay (boys)

4 x 100 Relay (boys)

4x 800 Relay

400 Intermediate Hurdles (individual)

Sprint Medley Relay (400 200 200 800)

3000 (Individual)

2000 Steeplechase (Individual – Over Water)

4 x 400 Relay

NOTE:

Fast sections will run first.

ALL TRACK AND FIELD EVENTS ARE FINALS
¼” Pyramid Spikes Only!

