

**10<sup>TH</sup> ANNUAL PINE BUSH INVITATIONAL RELAYS**  
**SATURDAY MAY 8, 2010**  
**PINE BUSH HS TRACK**

**NOTES ON THE MEET**

1. This letter is to inform you of our 10<sup>TH</sup> Annual Relays.
2. Entry fee: \$25.00 per relay team; \$10.00 per individual Event; or \$200.00 blanket entry. Make checks or vouchers out to PINE BUSH ATHLETIC ASSOCIATION/BOYS TRACK and mail to AL SCHMIDT 451 Borden Rd. Wallkill, NY 12589 or FAX to 744-3160; Harold Fried Athletic Director  
\*\*NO ENTRY WILL BE ACCEPTED AFTER MAY 1<sup>ST</sup>\*\*
3. 1/4" spikes allowed. Bring your own batons; pins; and BLOCKS
4. Park bus in FRONT parking lot. There will be a concession stand.
5. AWARDS: Medals to Top 3 Teams in each Relay event  
Medals to Top 6 in each Individual event including Field Events  
NO TEAM SCORE
6. Bring a 3 x 5 card with full names of entry on the card with seed time. Hand in cards to clerks tent before the meet starts. Put cards in proper envelopes.

**ORDER OF EVENTS: BOYS THEN GIRLS**

6:00P.M..... SHUTTLE HURDLES (3X110 or 3X100) 1 TEAM PER SCHOOL  
6:30P.M..... DISTANCE MEDLEY RELAY- 1 TEAM PER SCHOOL  
7:00P.M..... 400M RELAY (4X100) - 2 TEAMS - 1 VARS/1 FR-SO  
7:30P.M..... FROSH-SOPH 1600M RUN - 3 INDIVIDUALS PER SCHOOL  
8:00P.M..... 7<sup>TH</sup>-8<sup>TH</sup> GRADE (MOD) 4X400M RELAY - 1 TEAM PER SCHOOL  
8:30P.M..... 3200M RELAY (4X800) 2 TEAMS - 1 VARS/1 FR-SO  
8:45P.M..... 800M RELAY (4X200) 2 TEAMS - 1 VARS/1 FR-SO  
9:00P.M..... VARSITY 800M RUN - 3 INDIVIDUALS PER SCHOOL  
9:30P.M..... 1600M RELAY (4X400) 2 TEAMS - 1 VARS/1 FR-SO

**FIELD EVENTS**

6:00P.M.... POLE VAULT- (GIRLS + BOYS COMBINED)  
6:00P.M.... SHOT PUT- (GIRLS then BOYS)  
6:00 P.M....HIGH JUMP (OPEN PIT-BOYS + GIRLS)  
6:00-7:30P.M..... LONG JUMP (OPEN PIT-BOYS + GIRLS)  
7:30-9:00P.M..... TRIPLE JUMP (OPEN PIT-BOYS + GIRLS)

\*\*\*\*\* PLEASE LIMIT FIELD EVENT ENTRIES TO 3 PER SCHOOL  
\*\*\*\*\* SHOT PUT THROWS WILL BE MARKED UNLESS THEIR THROW IS SHORTER THAN BEST

\*\*\*\*\* TIMES MAY BE ADJUSTED AS NEEDED

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<u>EVENTS</u>	<u>BOYS</u>	<u>GIRLS</u>
SHUTTLE HURDLES (LIMIT 1)	_____	_____
DISTANCE MED (LIMIT 1)	_____	_____
400M RELAY FR/SO (LIMIT 1)	_____	_____
400M RELAY VARS (LIMIT 1)	_____	_____
FR/SO 1600M RUN (LIMIT 3)	_____	_____
7 <sup>TH</sup> /8 <sup>TH</sup> (MOD) 4X400M RELAY (LIMIT 1)	_____	_____
3200M RELAY FR/SO (LIMIT 1)	_____	_____
3200M RELAY VARS (LIMIT 1)	_____	_____
800M RELAY FR/SO (LIMIT 1)	_____	_____
800M RELAY VARS (LIMIT 1)	_____	_____
800M RUN VARS (LIMIT 3)	_____	_____
1600M RELAY FR/SO (LIMIT 1)	_____	_____
1600M RELAY VARS (LIMIT 1)	_____	_____
<b>FIELD EVENT LIMIT TO 3 PER EVENT</b>	_____	_____

TOTAL # OF Relay Entries \_\_\_ x \$25.00= \_\_\_\_\_

TOTAL # OF Indiv. Entries \_\_\_ x \$10.00= \_\_\_\_\_

TOTAL ENTRY = \_\_\_\_\_ or BLANKET ENTRY OF \$200.00  
(circle)

Mail entries to: Al Schmidt  
451 Borden Rd.  
Wallkill, NY 12589

ENTRIES DUE MAY 1, 2010  
\*\*NO EXCEPTIONS\*\*

Or Fax to: Pine Bush Athletic Director: 744-3160  
CHECKS/VOUCHERS PAYABLE TO: PB BOYS TRACK