

## Dear Coach,

We invite you and your runners to be a part of Maine Endwell's 14th Annual Pete Matzke Cross-Country Invitational, which will be held at Maine-Memorial Elementary School on Route 26 in Maine, NY on **Friday, September 29, 2023.**

**Courses:** Varsity and Junior Varsity is a 3.1 mile (wheel measured) double-loop course around school grounds. Spikes may be used. The course is spectator friendly and flat. Modified is a 1.55 mile single-loop course around school grounds.

### Races and Times:

4:00 pm Varsity/JV coaches meeting at the starting line  
4:15 pm JV Boys  
4:45 pm JV/Varsity Girls  
5:15 pm Varsity Boys  
5:30 pm Modified coaches meeting at the starting line  
5:45 pm Modified Girls  
6:05 pm Modified Boys  
6:30 pm Awards in the Gym  
6:45 pm Planking for Pies Contest in the Gym



### Miscellaneous Notes:

- When walking the course, runners will only need to walk ONE loop (half the Varsity/JV course) to be familiar with it. This will help with the early time schedule, especially with the first races.
- Runners with later races are welcome to walk the course while the earlier races are happening. Please be considerate of the runners on the course by staying to the edge of the course while walking it.
- There is a town park next to the school grounds with pavilions and plenty of room for tents.
- A Concession Stand will be available.
- Spectator parking will be limited until elementary students are dismissed at 3:40 PM. Cars arriving earlier than 3:45 PM, should park in the Town Park lot (out back), not the school lot.

### Awards:

**Team:** Awards will be given to 1st and 2nd place teams in varsity boys and girls races; 1st place team JV boys.

**Individual:** Awards will be given to the top 20 in the boys and girls varsity races and the top 5 in JV boys.

**Planking contest:** We will have our annual planking for pies contest at the end of the awards ceremony.

\*\*\*Please email Race Director Kristy Dougherty at [kdougherty@me.stier.org](mailto:kdougherty@me.stier.org) to confirm your intent prior to **Sunday, September 17, 2023.** In your email, please include your school name and which teams will be competing (Boys Varsity, Boys JV, Girls JV/Varsity, Boys Modified, Girls Modified). A limit of 9 runners for Boys Varsity. All other races are unlimited entries. Also, if you have any questions, feel free to reach out by email or phone to Kristy at (607) 341-3765 (call or text) or Varsity Coach, Gabby, at (315) 261-8026.

The directions for entering rosters/runners will be emailed out at a later date.

**Registration/Entry Fees:** \$100.00 per school, or \$40.00 for a single team, \$10.00 for individuals.

**\*\* Please make checks out to M-E XC & Track Boosters\*\***

Make and mail checks to: Gabriella Dunkelberg, XC Coach  
712 Farm to Market Rd. Endwell, NY 13760

If you have any questions feel free to contact us by email or phone.

**Race Director:** Kristy Dougherty [kdougherty@me.stier.org](mailto:kdougherty@me.stier.org) or (607) 341-3765

**ME Varsity Coach:** Gabby Dunkelberg [gdunkelberg@me.stier.org](mailto:gdunkelberg@me.stier.org) or (315) 261-8026

**ME Modified Coach:** Iris Incitti [iincitti@me.stier.org](mailto:iincitti@me.stier.org) or (607) 239-7964

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