

NYSPHSAA Outdoor Track and Field Championships

Friday-Saturday, June 11-12, 2010

Vestal High School

Vestal, N.Y.

Friday, June 11

All times are estimated; events may move up.

Track	Div I - Large				Field				
	Div II - Small				12:30 TRIPLE JUMP	G	I		CLASS FINAL
					TRIPLE JUMP	G	II		CLASS FINAL
					12:30 POLE VAULT	G	CHAMP	F	
					12:30 DISCUS	B	I		CLASS FINAL
					12:30 SHOT PUT	G	I		CLASS FINAL
					2:00 DISCUS	B	II		CLASS FINAL
					2:00 SHOT PUT	G	II		CLASS FINAL
1:30 Pent. 100 HH-1	G	CHAMP	F	<i>lower seeds</i>	2:00 TRIPLE JUMP	B	I		CLASS FINAL
100HH	G	II	T		TRIPLE JUMP	B	II		CLASS FINAL
100HH	G	I	T						
1:50 Pent. 110 HH-1	B	CHAMP	F	<i>lower seeds</i>					
110HH	B	II	T						
110HH	B	I	T						
2:10 100M	G	II	T		2:15 PENT.HIGH JP1	B	CHAMP	F	
100M	G	I	T		PENT.HIGH JP1	G	CHAMP	F	
100M	B	II	T						
100M	B	I	T						
2:30 400M	G	II	SF						
400M	G	I	SF						
400M	B	II	SF						
400M	B	I	SF		3:30 DISCUS	G	I		CLASS FINAL
3:00 Pent. 110 HH-2	B	CHAMP	F	<i>higher seeds</i>	5:00 DISCUS	G	II		CLASS FINAL
Pent. 100 HH-2	G	CHAMP	F	<i>higher seeds</i>					
3:20 800M	G	CHAMP	F		4:00 LONG JUMP	G	I		CLASS FINAL
800M	B	CHAMP	F		LONG JUMP	G	II		CLASS FINAL
3:50 200M	G	II	T						
200M	G	I	T						
200M	B	II	T						
200M	B	I	T		4:30 POLE VAULT	B	CHAMP	F	
4:10 400 INTER H	G	II		CLASS FINAL					
400 INTER H	G	I		CLASS FINAL					
400 INTER H	B	II		CLASS FINAL	4:15 PENT.SHOT-1	B	CHAMP	F	
400 INTER H	B	I		CLASS FINAL	5:00 PENT.SHOT-1	G	CHAMP	F	
4:40 4X100 RELAY	G	II		CLASS FINAL	4:15 PENT.HIGH JP-2	G	CHAMP	F	
4X100 RELAY	G	I		CLASS FINAL	4:30 PENT.HIGH JP-2	B	CHAMP	F	
4X100 RELAY	B	II		CLASS FINAL					
4X100 RELAY	B	I		CLASS FINAL					
5:10 4X400 RELAY	G	II		CLASS FINAL					
4X400 RELAY	G	I		CLASS FINAL	5:30 LONG JUMP	B	I		CLASS FINAL
4X400 RELAY	B	II		CLASS FINAL	LONG JUMP	B	II		CLASS FINAL
4X400 RELAY	B	I		CLASS FINAL					
6:00 3000 M	G	CHAMP	F						
3000 M	G	CHAMP	F						
3200 M	B	CHAMP	F		6:15 PENT.SHOT-2	G	CHAMP	F	
3200 M	B	CHAMP	F		7:00 PENT.SHOT-2	B	CHAMP	F	

Saturday, June 12 Track Field

10:00	2000M STEEPLE	G	CHAMP	F	10:00	SHOT PUT	B	I	CLASS FINAL
	3000M STEEPLE	B	CHAMP	F	11:30	SHOT PUT	B	II	CLASS FINAL
11:00	100M	G	II	CLASS FINAL	10:00	HIGH JUMP	G	CHAMP	F
	100M	G	I	CLASS FINAL					
	100M	B	II	CLASS FINAL					
	100M	B	I	CLASS FINAL					
11:25	1500M	G	CHAMP	F					
	1600M	B	CHAMP	F					
12:00	100H	G	II	CLASS FINAL					
	100H	G	I	CLASS FINAL					
	110H	B	II	CLASS FINAL					
	110H	B	I	CLASS FINAL					
12:25	200M	G	II	CLASS FINAL	11:00	PENT.LONG JP-1	G	CHAMP	F
	200M	G	I	CLASS FINAL		PENT.LONG JP-2	G	CHAMP	F
	200M	B	II	CLASS FINAL					
	200M	B	I	CLASS FINAL					

BREAK 12:35-1:10

1:15	PENT. 800-1	G	CHAMP	F	12:30	PENT.LONG JP-1	B	CHAMP	F
	PENT. 800-2	G	CHAMP	F		PENT. LONG JP-2	B	CHAMP	F
1:45	100HH	G	CHAMP	F	1:00	HIGH JUMP	B	CHAMP	F
	110HH	B	CHAMP	F					
1:55	100M	G	CHAMP	F	2:00	LONG JUMP	G	CHAMP	F
	100M	B	CHAMP	F		LONG JUMP	B	CHAMP	F
2:00	PENT. 1500-1	B	CHAMP	F		SHOT PUT	B	CHAMP	F
	PENT. 1500-2	B	CHAMP	F		DISCUS	G	CHAMP	F
2:15	400M	G	CHAMP	F					
	400M	B	CHAMP	F					
2:25	400 INTER H	G	CHAMP	F	3:00	TRIPLE JUMP	G	CHAMP	F
	400 INTER H	B	CHAMP	F		TRIPLE JUMP	B	CHAMP	F
2:35	200M	G	CHAMP	F		DISCUS	B	CHAMP	F
	200M	B	CHAMP	F		SHOT PUT	G	CHAMP	F
2:45	4X800 RELAY	G	CHAMP	F					
	4X800 RELAY	B	CHAMP	F					
3:45	4X100 RELAY	G	CHAMP	F					
	4X100 RELAY	B	CHAMP	F					
3:55	4X400 RELAY	G	CHAMP	F					
	4X400 RELAY	B	CHAMP	F					

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