

52nd McDANIEL-BAXTER CROSS COUNTY INVITATIONAL @ CHENANGO VALLEY HIGH SCHOOL SEPTEMBER 21st, 2019

Entries / Intent to Enter

Coaches, please send a quick email to <u>JeridJones@live.com</u> with your intent to enter. Information for entries will be emailed to these coaches in September.

RACE DAY ITINERARY

8:30am	XC Warrior Challenge	4K	PUBLIC RACE
8:45am	Coaches Meeting	@ Red Shed	Near finish line
9:05am	Modified Boys Scrimmage	2.2K	Unlimited entries
9:15am	Modified Girls Scrimmage	2.2K	Unlimited entries
9:32am	Varsity Boys Race	4K	10 Runner Maximum
9:57am	Varsity Girls Race	4K	10 Runner Maximum
10:31am	JV Boys Race	4K	Unlimited entries
10:58am	JV Girls Race	4K	Unlimited entries
11:35am	Warrior Fun Run	800M	PUBLIC KIDS RACE
11:40am	Awards Ceremony	Team Awards	Finish Line

The 52nd McDaniel-Baxter XC Invite

We hope you are able to join us for what should be a great day of racing on the hills and trails at Chenango Valley High School. We will again be hosting the Warrior Challenge, a 4K public race, as part of our race day events. Coaches are encouraged to enter the Warrior Challenge, and will be charged no entry fee. The Warrior Challenge is a competition for both individuals and teams.

POINTS OF EMPHASIS

- 1. Our courses have had some adjustments due to construction, but the start and finish remain at the same locations as last year.
- 2. The distance for all high school races (and the public Warrior Challenge race) is 4K (2.49 miles).
- 3. Varsity races have a maximum of 10 entrants and a minimum of 7 (unless your program does not have 7 athletes who are competitive at the Varsity level).
- 4. Larger schools are encouraged to enter up to 10 runners in the Varsity Boys race to help reduce the size of the JV Boys race.
- 5. Individual awards will be handed out in the chute.
- 6. The Warrior Fun Run will finish immediately preceding the Awards Ceremony. This should give young future distance runners an opportunity to finish in front of the crowd gathering for the awards ceremony. The Fun Run is a free 800M XC run for kids under age 12. The start for this race is on the "Rock Pile" near the start for all of the other races.

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<u>AWARDS</u>

Team:

- 1. Varsity Boys Race: the top 2 Class A/B schools, top 2 Class C schools, and top 2 Class D schools will each receive a team plaque.
- 2. Varsity Girls Race: the top 3 Class A/B schools, and top 3 Class c/D schools will each receive a team plaque.
- 3. JV Races: the top large school (Class A/B) and top small school (Class C/D) will receive a team plaque.
- 4. Modified Races: no official awards are allowed

Individual:

- 1. Varsity Races: Plaques for the top 25 finishers; T-shirts for places 1-10.
- 2. JV Races: Plaques for the top 10 finishers; T-shirts for places 1-5.

Grand Prix:

- 1. A team award for the school who runs the fastest combined time based on the following:
 - Combined time of your top boy and top girl in the Varsity races
 - Combined time of your top boy and top girl in the JV races
 - Coach's time in the Warrior Challenge public race

NOTES OF INTEREST

- 1. A concession stand will be available for athletes and spectators.
- 2. T-shirts will be available for purchase.

QUESTIONS

Please contact Varsity XC Coach Jerid Jones: E-mail - <u>JeridJones@live.com</u>
Call / Text - (607) 222-9990

EMAIL YOUR INTENT TO ENTER: JeridJones@live.com

Directions for entering participants will be sent via this email address to those who have emailed their intent to enter.

INVITATIONAL ENTRY FEE

The cost of this invitational is \$125.00 per school for all races or \$25.00 per race.

Make checks payable to:

CV Running Club

Mail check to:

Brad Tomm – Athletic Director Chenango Valley Central Schools 221 Chenango Bridge Road Binghamton, NY 13901