

THE TWENTY THIRD ANNUAL MARATHON CROSS COUNTRY INVITATIONAL

This year's Invitational will be held at the Appleby Elementary School, Saturday, October 22, 2011. Upon arrival, please follow the directions of the parking attendant. Coaches may pick up maps and race packets at the elementary cafeteria upon arrival or at the coaches' meeting.

Below is the schedule of events for the invitational.

SCHEDULE OF EVENTS

8:45 General Information Posted in Cafeteria	
9:15 Modified Girls Race (Small).....	(Unlimited)
9:35 Modified Boys Race (Large)	(Unlimited)
9:55 Modified Girls Race (Large).....	(Unlimited)
10:15 Modified Boys Race (Small)	Unlimited
10:35 Boys Varsity Unseeded Race.....	(Limit of 9)
(In order to enter two unseeded teams you must have a seeded team or permission from the meet director)	
11:00 Boys Varsity Seeded Race.....	(Limit of 9)
11:20 Girls Varsity Unseeded	(Limit of 9)
(In order to enter two unseeded teams you must have a seeded team or permission from the meet director)	
11:50 Girls Varsity Seeded	(Limit of 9)
(You may run two girls teams in the seeded race or put your 8th runner and up in the girls Unseeded Race)	
12:15 Boys Junior Varsity	(Unlimited)
12:40 Girls Junior Varsity.....	(Unlimited)

PLEASE NOTE THE FOLLOWING

- 9th Graders that participate in the modified races must be in a league that promotes a modified program otherwise they run JV or Varsity.
- Awards Ceremony to Follow in Elementary Gym.

REGISTRATION INFORMATION

To allow us the opportunity to continue to offer a quality meet we must limit the total number of schools participating to 45. Entries will be accepted on a first come first serve basis, and must be postmarked by October 10, 2011

FEES

The entry fee for more than 2 Races	\$110
The entry fee for 2 Races	\$90
The entry fee for 1 Race.....	\$75
Individual runners	\$20

Please make check/vouchers payable to: Marathon Cross Country Invitational

COURSE DESCRIPTION

The course is fully marked and offers a variety of challenges over a moderately hilly terrain. Spikes are recommended and may be used in all Varsity and Junior Varsity Races. Entries in the Modified races may not wear spikes.

RACE DISTANCES

Boys & Girls Varsity 5000 Meters
 Boys Junior Varsity 5000 Meters
 Boys & Girls Modified Races 2500 Meters

AWARDS

TEAM AWARDS FOR ALL RACES

Team Plaques Places 1-3 for Modified, JV, Unseeded Races
 Team Plaques Places 1-3 for Two Divisions in the Seeded Races

OTHER TEAM AWARD

Varsity Coed Team Plaques Places 1-3
 (Combined Total Time of Top 3 Boys & Top 3 Girls)
 Spirit & Sportsmanship Plaque Coaches' Vote

INDIVIDUAL AWARDS FOR EACH RACES

	Modified Races	JV Races	Unseeded Races	Seeded Races
Plaques	Places 1-5	Places 1-5	Places 1-5	Places 1-5
T-Shirts	Places 1-10	Places 1-10	Places 1-10	Places 1-20
Elite Patches.....	Places 1-10.....	N/A	Places 1-10.....	Places 1-20
Souvenir Patches.....	Top 50	Top 50.....	Top 50.....	Top 50

SPECIALTY AWARDS

All Time Top 50 Certificates To Be Mailed, Fastest Varsity Male & Female Freshman Award By Time

QUESTIONS

If you should have any questions regarding the meet please contact Coach Todd A. James at (School) 607-849-3223; (Home) 607-849-6227; (Cell) 607-279-5931

ACCOLADES FROM COACHES AND SPECTATORS

- Sorry to hear that people abused the privileges of using the school...very disconcerting to say the least. I wanted to say thank you for hosting a great event and am amazed at how smooth things went despite some of the worst conditions I've seen since I've been a coach. As an outsider looking in everything seemed to run like clockwork and you and your whole crew did an amazing job! Again, thank you very much. Grace, Susquehanna Valley XC
- Great job today! I truly appreciate all that you and your staff do to pull off a successful large Invitational. Tom Jansen, Horseheads Cross Country
- Thank you kindly for the wonderful meet-we had a ball, learned a lot, and enjoyed the scene. I am always stunned by your vision and implementation of such an event. Your parents and kids were so great-I was impressed with their kindness and

know-how. Your kids were doing such a great job keeping the folks from crossing barriers -so sorry coaches and teams did not abide. Thank you for your astonishing commitment to XC. Marie Fitzsimmons, Watkins Glen XC

- Your volunteers put on an AWESOME invitational. I couldn't get over how much you guys did for the athletes at every level. You deserve to be commended. Sometimes recognition is lost if you're not on the winning team or not on varsity. I felt as though I was at the State meet for XC and they were giving awards for the different classes. Again GREAT JOB and please let those involved know they are appreciated by us "Northern folks from Syracuse". Greg Broton, Assistant Coach-CNS Cross Country
- Great invite. Thanks. Ran like clock work. Congrats. Kids love the course and the meet. Mark Dixson, Candor Cross Country
- Congratulations on yet another feat of organization, competition, sportsmanship, and celebration. You sure know how to throw a running festival!! Thank you for the enormous role you play in the world of running and the standards of excellence you set. With gratitude, Marie Fitzsimmons, Watkins Glen
- Great Invitational, I don't know how you do it. I do have to state I have never received results that quick in all my years of coaching. Tom Jansen, Horseheads
- That was a well organized meet and presentation! Rich, Ithaca
- THANK YOU!!! Once again the Marathon Invitational was the highlight of the XC season!!! I have attended the last 6, both as a parent and now as a coach. You run an amazing meet.
- Great job with the invite! The best weather I think we have ever had. Everything ran smooth and I appreciate all the hard work you put into it. Thanks again.
- Fantastic Meet!!! It would be tough to match the quality of the Marathon Invitational. It is a pleasure being a part of it. Scott Weeks, Groton.
- Thanks for a great day! The races were super as was the course.
- I live very close to the Marathon Elementary school and watched this event for the very 1st time and I was in awe of the huge turn out, 48 Schools or so I was told, from CNS to Corning to Susquehanna etc. Very festive atmosphere, tents, Frisbee, football games etc... My kids and I really enjoyed the event. Quite something to see a start with hundreds of kid's alls running down hill for position. As to the visibility I have always loved the elementary school for athletic events, the view is stellar and I believe fits the event well. As for parking, I knew the area, go to the top by the bus garage, your likely hood of better parking is good that way and less distance to the start line.
- Hey, speaking as someone who's run a big meet (albeit on a track), you and your troops did a heck of a job w/ that meet. It's a great meet! Dare I say the most competitive in Section 4 all season?
- To watch a race you can stand in one spot and see the kids four times and it's still a short walk to the finish line.
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- Thanks for a great meet Saturday. As usual, it went flawlessly, except for that one less point my girls needed. Actually, we are very happy to have tied with C-NS! Mike Cordi, Maine Endwell
- Thank you so very much for your generosity and hospitality. Your knowledge, love of XC, devotion to the league and gracious patience are all so appreciated. What outstanding work you do. You are a gem. Marie, Watkins Glen, XC
- What a GREAT EVENT! I know you are proud of it and we love coming there. Every aspect of the meet was awesome. I know how hard it is to put on an invite, but to do it the way you and your staff do is phenomenal. Thanks again...See you at Sectionals. Lou, Corning Cross Country

- You set the standard for running an Invite. Very nicely done today. Thanks for the wonderful experience. Brian Trippany, Newark Valley, XC Coach
- Great Meet. You always take on the big tasks and are not afraid to try new things for the first time in those big meets. I can respect that. Scott Weeks, Groton XC Coach
- Your organization was outstanding! The 3 awards idea was brilliant! Rich Bernstein, Ithaca XC Coach
- It was a great day for racing, and the meet was superbly organized, as always. Brian, Seton Catholic XC Coach
- Thanks for a great meet this weekend. Your invite is one of my favorite sporting events to go to in any sport!, Rob Munro, Bainbridge Gilford, Harpursville XC Coach
- Great job w/ the meet, as ever. I think the outside awards w/ 3 helpings were a stroke of genius, as was the new idea you came up w/ for the bib numbers and the number pad. Congrats on a successful event, again.
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- The Marathon course looked great and having the awards outside was a nice touch so that the coaches and athletes could be there but especially the parents. Mary Hogan, Deposit XC Coach
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- Please express my thanks to your emergency squad personnel for their assistance with one of our var. girls who had some breathing difficulties at the invitational. They couldn't have been nicer or more professional. Thanks and great job at the invite, as usual. Pete Tylenda Johnson City XC Coach
- As always, your meet this weekend was fantastic. It was very organized and enjoyable. We loved how you did the awards this year! Thanks! Patrick Paterson, Newark Valley, XC Coach

REGISTRATION

Limited to the first 45 teams

COACH'S NAME:	SHIRT SIZE: S M L XL XL
SCHOOL:	SCHOOL ENROLLMENT FROM BEDS:
SCHOOL ADDRESS:	
HOME PHONE #	
CELL PHONE #	
SCHOOL PHONE #	
FAX PHONE #	
E-MAIL ADDRESS:	

PLEASE CHECK ONE

- Yes, I plan to attend the 22nd Annual Marathon Invite
- No, I do not plan on attending the 22nd Annual Invite, but keep me on the mailing list.

OFFICIAL ENTRY FORM

Please check the following races that you wish to compete in and record the estimated number of runners to participate in each race.

Check Race	Name of Race	Estimated Runners
_____Modified Girls (7-9th Unlimited).....	_____
_____ Modified Boys (7-9th Unlimited).....	_____
_____ Boys Varsity (Limited to 9 runners).....	_____
_____Girls Varsity (Limited to 9 runners).....	_____
_____ Boys Junior Varsity (Unlimited)	_____
_____ Girls Junior Varsity (Unlimited)	_____

ABILITY OF YOUR VARSITY TEAMS-PLEASE CHECK ALL THAT APPLY

- Girl's Team: Incomplete Do not Seed Incomplete but Seed Weak Average Above Average Strong
- Boy's Team: Incomplete Do not Seed Incomplete but Seed Weak Average Above Average Strong

RETURN REGISTRATION FORM BY OCT. 13, 2010

Todd A. James, X-C Coach
PO Box 339, 1 East Main Street
Marathon Central School
Marathon, New York 13803
Phone/Fax to 607-849-3223