

46th Annual Loyal Greenman Memorial Cross Country Run
Saturday, October 15, 2011
At the scenic Ely Park Golf Course atop Mt. Prospect
Binghamton, New York

Sponsored by:
Binghamton City School District and the & Binghamton High School Booster Club

Come join us for the event McQuaid Jesuit of Rochester coach Todd Stewart calls "our favorite invitational other than our own!"

2010 Varsity Champions:

Boys Team: McQuaid Jesuit of Rochester (2010 NYSPHSAA Boys' Class A Team Champions)
Girls Team: Our Lady of Mercy of Rochester
Boys Individual: Robert Hurlbut, McQuaid Jesuit (2010 NYSPHSAA Boys' Individual Champion)
Girls Individual: Sydney Williams, Susquehanna Valley (five-time Section IV Class A Individual Champion and member of Cornell University's 2011 recruiting class)

For complete 2010 results, as well as race photos, a course map and directions to Ely Park Golf Course, go to www.binghamtonschools.org and click on Athletics, then click on Cross Country.

Races:

Modified Girls (unlimited)	9:40 a.m.	2.0 miles
Modified Boys (unlimited)	10:05 a.m.	2.0 miles
Girls Junior Varsity (unlimited)	10:30 a.m.	2.85 miles
Boys Junior Varsity (unlimited)	11:10 a.m.	2.85 miles
Varsity Girls (best 7)	11:40 a.m.	2.85 miles
Varsity Boys (best 7)	12:15 p.m.	2.85 miles

Awards:

Team:

1st place Jr. High
1st & 2nd place Junior Varsity
1st, 2nd & 3rd place Varsity

Individual: (the number of trophies given in each race will depend on the number of entrants)

Jr. High - Approx. 5% of entrants will receive trophies. We will award trophies to at least the top 3 finishers, and at most the top 5, with ribbons to the next 50.

Jr. Varsity - Approx. 10% of entrants will receive trophies. We will award trophies to at least the top 5 finishers, and at most the top 10, with ribbons to the next 75.

Varsity - Approx. 25% of entrants will receive trophies. We will award trophies to at least the top 10 finishers, and at most the top 25, with ribbons to the next 75.

Course: Golf Course - spikes or flats allowed
Painted line - 2.85 miles

Entry Fee: \$100.00 - One fee, all races (or \$40.00/race)

Awards Ceremony: To follow last race

- Concession Stand will be available.
- Apples will be given to each runner at the end of the finish chute compliments of the Binghamton High School Booster Club.
- Commemorative t-shirts will be on sale.

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Ely Park Golf Course, Binghamton, New York
Registration Form

School: _____

Address: _____
Street
_____ City State Zip Code

Coach _____ Work Phone: _____

Email Address _____ Home Phone: _____

Please Note: Once your entry is received, you will be emailed a roster form to complete and return by 7:00 p.m. on Tuesday, October 11th. Changes to your roster will be allowed on race day.

Please enter below the approximate number of runners you will enter in each race:

Girls Modified	_____	Girls Varsity	_____
Boys Modified	_____	Boys J.V.	_____
Girls J.V.	_____	Boys Varsity	_____

Entry Fee: \$100.00 - one fee for all races (or \$40.00/race)

Please make checks payable to: Binghamton Cross Country
c/o Dave Cody
15 Bigelow Street
Binghamton, NY 13904

Email intention to participate to davidcody15@yahoo.com by: Friday, September 30, 2011.

Entry Deadline: Friday, October 7, 2011

Roster Deadline: Tuesday, October 11, 2011

_____ Check or voucher enclosed with this form.

_____ Payment is in process.