

KNOXC Invitational

Saturday, October 8th, 2011

Knox Park (East Aurora, New York)

3.1 Mile/5 Kilometer Course

(Knox Park is located just west of the village of East Aurora on Knox Road between Gray Street and Carriage Drive.)

EVENTS SCHEDULE

9:00 AM - **Junior High Boys**

9:30 AM - **Junior High Girls**

10:00 AM - **Varisty Boys**

10:30 AM - **Varsity Girls**

11:00 PM - **Junior Varsity Boys**

11:30 PM - **Junior Varsty Girls**

12:00 Team Awards Presentation

Event Director Contact Information

Walt McLaughlin

Wmclaughlin@eastauroraschools.org

(716) 687-2300 ext. 7003 (school voice mail)

(716) 829-9282 (cell)

Participation and Entry Deadline is FRIDAY, September 30, 2011

Entry Fees:

ALL entry fees should be paid before the day of competition! Please be sure your athletic office understands this and is timely with payment.

- \$100 for both boys and girls teams (JV & Varsity included)
- \$60 for either boys or girls teams (JV & Varsity included)
- \$20 per JV/Varsity individual

- **Send Payment Check/Voucher to:**
 - Walt McLaughlin- Meet Director Knoxc Invitational
 - East Aurora High School
 - 1003 Center Street
 - East Aurora, NY 14052
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- ****Make Checks payable to: East Aurora Cross Country KI c/o Walt McLaughlin**
- The varsity and jv Course: 5K grass and trail race. First and last mile are on grass with the middle 2000 meters on wooded trail. 3/8 spikes recommended in dry conditions.

The junior high course will be 2.0 miles mostly grass with the middle 800 meters on wooded trail.
- **Awards:** Individual awards will be given in the finish chute to the top 10 in each race. Team awards will be presented at 12:00 Noon. We will also recognize the fastest male and female athletes of the day.
- Results will be posted on the day of the competition and on the following web sites:
www.section6runs.com, www.tullyrunners.com, www.armoryfoundation.org
- **Concession Stand:** *Our Concession Stand will have t-shirts, food, drink, and snacks available.*
- **Meet Entries/Rosters:** This meet will be computer scored with a card system backup. Your team entry roster must be sent by Friday September 30 to: Timing@Madsprocket.com

Your entry list should include athletes participating in all races: Junior High, Varsity and JV and should include: Athlete Name, Grade and M/F. You do not need to indicate which race you intend to race each athlete in. Participant numbers will be assigned and must be worn accordingly.

Thank you and the best of luck this season.

Walt and Marty McLaughlin