

FT. PLAIN MODIFIED XC INVITATIONAL

Sat.-October 19th, 2019

This invitational was first held on Oct. 13th, 1978. It has been combined with the High School Invitational for a number of years. We separated the meets again this year for a number of reasons. It is our hope that your team(s) will attend this fall.

*There will be no team awards or team scoring and the seventh and eighth graders will run separate races with separate awards.

Course: A fast ~1.7 miles with one uphill.

Races: Four (4) races: 7th grade girls; 7th grade boys; 8th grade girls; & 8th grade boys.

Entries: There is no minimum or maximum number of entries per school.

Race numbers will be worn, therefore please email your entries to me no later than Thur. -10/16. We use nymilesplit.com for entries.

Please bring your own pins!

NEW EMAIL: - karks1900@yahoo.com or charlie.karker@fortplain.org

Awards: Medals for # 1-25 in each race- to be passed out in the chute.

Schedule: Course closes at 9:00 am.

9:15 am. - 7th grade girls----- 9:40 am. - 7th grade boys

10:05 am. - 8th grade girls---- 10:30 am. - 8th grade boys

In case of inclement weather, the races may be combined- two (2) chutes and the awards would still be separate for each gender & grade.

Entry Fee: IF YOUR SCHOOL ATTENDED OUR MEET ON 9/15/18- NO CHARGE!

Or \$25.00/ school-Coed OR \$15.00/ girls only or boys only! Sorry- No refunds.

* Please send claim forms/purchase orders/checks to:

*Fort Plain CC & T-F Athletics

Fort Plain Central School

25 High St.

Fort Plain, NY 13339-1365

School: 518-993-4000 ext. #2134

School Fax: 518-993-2897

Home: 518-993-3218

Cell: 518-848-6462

School Name/ or District Name if different from the school name:

Coach's Name: _____

Contact Numbers: (W) _____ (H) _____

Email: _____