

2011 FORT PLAIN SPORTS BOOSTER CLUB CROSS COUNTRY INVITATIONAL

Site: H.H.Hoag Elementary School & Sports Complex

Date: Saturday, September 17, 2011

Races, Distances, Times, etc. PLEASE NOTE CHANGES- Modified Invy- Sat. 10/22 !!!!

8:45 am. Coaches Meeting at the starting area

9:00 am. Boys Freshman (~ 1.5 miles)

Course alterations

9:20 am. Girls Freshmen (~ 1.5 miles)

9:45 am. Varsity Girls - Division I- Small Schools (~ 3.0 miles)

10:15 am. Varsity Girls - Division II- Large Schools (~ 3.0 miles)

10:45 am. Varsity Boys - Division I- Small Schools (~ 3.0 miles)

11:15 am. Varsity Boys - Division II - Large Schools (~ 3.0 miles)

11:45 am. Junior Varsity- Boys- (~ 3.0 miles)

12:15 pm. Junior Varsity – Girls (~3.0 miles)

ENTRIES: No team may enter in any other race unless you have a varsity team entry. Varsity races are limited to 7 runners while other races may have unlimited entries. Your top 5 runners will score & your top 7 will displace other runners. **REMINDER: NO JEWELRY OF ANY SHAPE OR FORM!! SCHOOL ISSUED UNIFORMS ONLY AND THEY MUST BE ALIKE!**

REVISED- Please email me if you are attending or NOT & I will send you an entry(once I figure out the Hy-Tek 3.0). The State Preview meet is up the road at VVS in Section 3 on this date.

{Roster changes/additions may be made the day of the race.}

EMAIL: ckark@fortplain.org (S) Fax:518-993-2897; (S) phone:518-993-4000 x 3420; (H)518-993-3218.

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AWARDS: Individual: Frosh Girls & Boys- Medals #1-15; Ribbons #16-25(each)

J.V. Girls & Boys- Medals #1-15; Ribbons #16-25(each)

Varsity Girls & Boys- Medals #1-30; Ribbons #31-50

Team: Frosh Girls & Boys, and J.V.Girls & Boys- Trophies for 1st and 2nd place teams.

Varsity Girls and Varsity Boys- Trophies for 1st, 2nd, and 3rd place teams.

THESE DEPEND ON # OF ENTRIES!

Additional Information: 1) Long sleeve meet t-shirts will be for sale

2) Concession stand will be open w/ a variety of food & drinks

3) Port-a-johns will be available

4) Winning Varsity teams will be awarded **Meet Champion T-shirts**

***** Please plan your travel accordingly –Construction - Fog; etc. *****

ENTRY FEE: \$100.00 per school or \$60.00/ Girl entry or \$60.00/ Boy entry. Send checks or vouchers to:

**CHARLES KARKER, MEET DIRECTOR
FORT PLAIN CENTRAL SCHOOL
FORT PLAIN, N.Y. 13339**

Please detach and return to the above address whether you are attending or not ASAP!!!! Thank you!

OR Email me at: ckark@fortplain.org

_____ We will attend Coach: _____

_____ We will not attend School: _____

Address: _____

Email: _____ Phone :(W) _____ (H) _____