

Fort Plain Cross Country Modified Invitational

Sat.-October 24th, 2009

This invitational was first held on Oct. 13th, 1978. It has been combined with the High School Invitational for a number of years. We separated the meets this year for a number of reasons. It is our hope that your team(s) will attend this fall.

*There will be no team awards or team scoring and the seventh and eighth graders will run separate races with separate awards.

Course: A fast ~1.7 miles with one uphill.

Races: Four (4) races: 7th grade girls; 7th grade boys; 8th grade girls; & 8th grade boys.

Entries: There is no minimum or maximum number of entries per school.

Race numbers will be worn, therefore please email your entries to me no later than Wed.-10/21. Teams are responsible for their own pins. *Email- ckark@fortplain.org*

Awards: Medals for # 1-25 in each race- to be passed out in the chute.

Schedule: Course closes at 9:05!

9:15 am. - 7th grade girls

9:45 am. - 7th grade boys

10:15 am. - 8th grade girls

10:45 am. - 8th grade boys

Entry Fee: \$30.00/ school-Coed OR \$25.00/ girls only or boys only!

Please send claim forms/purchase orders/checks to:

Charles Karker, Meet Director

Fort Plain Central School

25 High St.

Fort Plain, NY 13339-1365

School: 993-4000 ext.3420

School Fax: 993-2897

Home: 993-3218

Home Fax: 993-5884

Cell: 848-6462

School Name/ or District Name if different than the school name:

Coach's Name: _____

Contact Numbers: (W) _____ (H) _____

