

“DREAM BIG ATHLETICS INC. PRESENTS WARWICK’S 14th Annual  
LENOX FAST TIMES RELAYS” sponsored by:



PUT US ON YOUR SPRING TRACK CALENER AND JOIN THE FUN “UNDER THE LIGHTS”

**Monday June 2, 2008**

Warwick Valley High School Olympic Track 6:31pm-9:30pm

We listened to the Coaches and Fully Automated Timing will now be added to our 14<sup>th</sup> running of the “Lenox Fast Times Relays”! Our EUROTAN ML surface by SOUTHTWEST RECREATION is newly resurfaced and is lightning fast and our music and awards are top notch. This meet is one of the highest quality meets in the U.S.A.! The stadium will again be packed full with our good old fashion “TRACK NUTS” cheering and screaming for “FAST TIMES” all night.

**ONLY FIELD EVENTS:      HIGH JUMP   POLE VAULT   SHOT PUT**

For High School...**1 competitor per school/event** (Exceptional 2<sup>nd</sup> Athletes: Coaches please inquire with Meet Director Ex: HJ 6’5’(b/g) PV 13’/10’(b/g) SP 42’/30’(b/g) )

**FIELD EVENTS START AT 6:31PM: RUNNING EVENTS BEGIN 6:45PM**

**\*2 teams per school/per event (Sanctions Applied for NY-NJ-PA-CT)**

**Order of Running Relays (Girls First)**

The 3200m Relay Championship (Seeded Last)

The 400m Relay Championship (Seeded Last)

The 1600m Relay Championship (Seeded Last)

**Meet Records**

**Boys**

**400 RELAY**

**41.5 CAMDEN, NJ (Young-Ruff-Morris-Smith)**

**1600 RELAY**

**3:12.7 CAMDEN, NJ (Young-Ruff-Smith-Morris)**

**3200 RELAY**

**7:38.4 WARWICK HS, NY(Tafuto-Segal-P.Gallagher-Mark)**

**POLE VAULT**

**15’0” Ryan Dall, NORTH ROCKLAND, NY**

**HIGH JUMP**

**6’7” Mike Deibler, Monroe-Woodbury, NY**

**SHOT PUT**

**59’2” John Hickey, TAPPAN ZEE, NY**

**OPEN MILE**

**4:06.2 Dale Summerville, NEW ZEALAND**

**OPEN HJ**

**6’11” Garrett Huvlet, CORNELL UNIV**

**Girls**

**400 RELAY**

**48.5 SUFFERN, NY (Piccolo-Cantave-Minasi-Estripiett)**

**1600 RELAY**

**3:51.5 Pope John XXIII (Bariexca-Biganowsky-Downing-Carollo)**

**3200 RELAY**

**8:51.0 SUFFERN, NY (Goldman-Greany-Heidt-McKenna)**

**POLE VAULT**

**12’6” Stephanie Duffy, WASHINGTONVILLE, NY**

**HIGH JUMP**

**5’8” Carin Knight NEW ROCHELLE, NY**

**SHOT PUT**

**39’10” Dana White, CAMDEN, NJ**

**OPEN MILE**

**4:50.0 Julie Littman, WESTCHESTER TC**

**OPEN VAULT**

**15’2” Jen Stuczyski SHUR SPORTS**

(See Next Page for Entry Procedures)

**ENTRY PROCEDURES**

- 1) Create an account for your team on [www.onlineentries.com](http://www.onlineentries.com) if you have not done so already. Save your Account Info.
- 2) Beginning April 1 Fast Times Meet will be Open for entry at [www.onlineentries.com](http://www.onlineentries.com). Submit your Roster and Entries for Fast Times Relays (Please use accurate Seed Times)
- 3) Entries will close Thurs May 29<sup>th</sup> @ Midnight
- 4) Entries will be posted at [www.finishright.com](http://www.finishright.com) Fri Morning May 30<sup>th</sup>. If your entries do not appear please email Glen Wolin @ [finish@nycap.rr.com](mailto:finish@nycap.rr.com) or call 518-312-0886
- 5) Mail or Fax Completed Entry (this page) with Payment Voucher to:  
Dream Big Athletics Inc.  
24 Brittany Drive  
Middletown, NY 10940  
Fax 845-239-4192

- 6) Check Payable to: ***Dream Big Athletics Inc.*** For your business office, Dream Big Athletics Inc is a fully Non-Profit 501(c)(3) Organization EIN # 26-1354444

Name of School \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_

School Address \_\_\_\_\_

School Phone \_\_\_\_\_ Coach Name and Phone \_\_\_\_\_

Coach E-Mail \_\_\_\_\_

**Please Indicate Number of Entries**

**Boys:** 3200m Relay \_\_\_\_\_ 1600m Relay \_\_\_\_\_ 400m Relay \_\_\_\_\_

**Boys:** Shot Put \_\_\_\_\_ Pole Vault \_\_\_\_\_ High Jump \_\_\_\_\_

**Girls:** 3200m Relay \_\_\_\_\_ 1600m Relay \_\_\_\_\_ 400m Relay \_\_\_\_\_

**Girls:** Shot Put \_\_\_\_\_ Pole Vault \_\_\_\_\_ High Jump \_\_\_\_\_

Total Entry Fee: \$ \_\_\_\_\_

**Fees:** Blanket Entry is **\$230** (\$115 for Boys/\$115 for Girls) **or** \$25 per relay/\$15 Indiv.

\*Teams may enter a 3<sup>rd</sup> relay @ \$25 extra if they legitimately can run under:

3200mr: 8:20/10:00 (b/g) 1600mr: 3:30/4:15(b/g) 400mr: 45.0/55.0 (b/g)

All Decisions by Meet Management are final.

Any Questions Please Contact Meet Director Mike Potter at 845-987-6997 or via email [mcphysed@hotmail.com](mailto:mcphysed@hotmail.com)

**\*Medals Top 5 in each Event\***