Pawling Cross Country Invitational: Dan Purdy Memorial Invitational Classic

Pawling, New York Saturday, September 21st, 2019

You are invited to enter the 8th Annual Pawling Invitational. This is the fourth season where the meet will be run in honor of Dan Purdy, who ran for Pawling from 1998 to 2001. For over 20 years Pawling did not even have a cross country program and it was Dan's spirit and courage that helped re-establish running at Pawling High School. Never one to quit or give up in anything he attempted, Dan courageously battled a terminal illness finally succumbing in 2015. According to family and friends Dan's last words were, "I think I'll go for a run." So for Dan, his family, and for all those whose lives he touched, we the staff at Pawling High School, dedicate this event in his honor.

Come and join us and take the opportunity to run on Pawling High School's new, scenic 5,000 meter championship course located on the high school campus. The course offers a variety of running terrain, with most of the grass covered course winding through trails. The first mile is in the primary campus area and is flat, and the 2nd half of the course offers scenic trails. Although there are no long difficult hills, the course still has a number of short steep inclines. This is a runner's course which is challenging, but fair to athletes of all ability levels. The course is also spectator friendly, and offers ample opportunities to view the runners throughout the race.

Awards: The awards include a trophy to the team winner and runner-up team in each VARSITY race and custom medals 25 deep in varsity races. Medals will be awarded to the top 20% of the finishers in the JV and Frosh/Soph races.

A trophy will be awarded to the team winning the JV boys' and girls' races. <u>No team</u> <u>awards will be given for Frosh/Soph races. Note that these races are for</u> <u>developmental runners as well so if you have beginning runners who have difficulty</u> <u>running the 5k distance you may put them in this race regardless of their grade level.</u>

Date: Saturday, September 21st, 2019

Place: Pawling High School Campus, 30 Wagner Road, Pawling, New York 12564 **Races**: Frosh Soph boys and girls divisions, JV boys and girls divisions, Varsity boys and girls divisions. Varsity Races are limited to 7 runners per team. Unlimited number of runners may enter the JV/Frosh/Soph races, with the top 7 finishers determining the team score. *Races may be added if entries require, coaches will be emailed about any changes. **IMPORTANT: IF YOU HAVE RUNNERS UNABLE TO RUN A 5K IN UNDER 30 MINUTES PLEASE ENTER THEM IN THE FROSH/SOPH DIVISION.**

Race Schedule: <u>please note we are starting earlier this year</u>
9 AM - Frosh/Soph Boys and developmental runners unlimited entry(1.5 mile race)
9:15 AM - Frosh/Soph Girls and developmental runners unlimited entry (1.5 mile race)
9: 30AM - JV Boys (3.1 mile race-open to all runners, not on varsity top 7)
10:00 AM - JV Girls (3.1 mile race-open to all runners, not on varsity top 7)
10:30 AM - Varsity Boys (3.1 mile race-top 7 only)
11:00AM - Varsity Girls (3.1 mile race-top 7 only)

MEET SCORING PROCEDURE: We will be using Fulton Accurate Timing computer scoring so, it will be necessary for you to submit a roster online through the ny.milesplit.com web

site. Go to the meet calendar tab, scroll down to the Dan Purdy Invitational, and submit your entry online.

Any questions contact:

Jack Power 845-354-5052 evenings, 518-698-6065(cell) powerjpcsd@gmail.com

**Teams must enter online through ny.milesplit.com Go

to website and follow entry procedure**

Mail in	Entry for	Dan Pເ	urdy Me	emorial	Invita	ational	Classic	

*Please email powerjpcsd@gmail.com to	o confirm your entry	/
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Name of School:			
Address:			
 Coach:			
Daytime Phone:	Cell		
Blanket Entry fee:			
Blanket entry This	covers entry into ever	-	
every division. (\$350.00)		Total amount due	
Individual Team Races e	•		
(\$100 for each race entered,		•	
	# entered of run		\$100
Frosh/Soph girls	# entered		\$100
JV boys	# entered # entered		\$100
JV girls	# entered		\$100
Varsity boys	limit 7 runners		\$100
	limit 7 runners	Total amount due _	
OR			
Individual Runner Entries	•	-	
Total number of indivi	dual entries, including	all races and divisions	
		Total amount due _	
Note: In most cases it is eas			ions are available
to partial teams, or those wis	o		
		ndividuals entered	
Make checks payable to:	Pawling High Sch	ool Varsity Club Fo	əd. ld # 14-
60003977			
Checks and Entries M	/IUST be mailed t	to	
Pawling High School			
Att. Athletic Director- Ms. Ta	mi Barbour barbourt@	Dpcsdny.org	
OR FAX TO: 845-855-2029	(% Pawling HS ATHL	LETIC DEPT.)	
30 Wagner Rd.	-	-	
Pawling, NY 12564			