

2017 Conwicke-Stock Cross Country Invitational

Dear Coach,

Union-Endicott High School and Vestal Central High School invite you to the 57th annual Ted Conwicke-Sid Stock Cross Country Invitational, which will be held **Saturday, October 7th, 2017**, at Ann G. McGuinness Elementary School on Rt. 26 in Endicott, NY.

The Races

All Varsity, Freshmen and JV races: 2.9 miles. Freshmen girls individual awards will be determined from times of Varsity and JV races. Starts and ends on flat ground by the school and soccer fields, with some rolling hills in the middle. There is one steep uphill of about 100 meters in the middle of the course. Short spikes are recommended.

Varsity races are limited to 7 runners per squad. All other races have an unlimited number of entries.

Modified races are 1.5 Miles, start and finish on flats with rolling hills in the middle.

Awards

Teams: 1st and 2nd place plaque for small and large schools in each Varsity race. 1st and 2nd place plaque in each JV race. 1st and 2nd place plaque for each modified race.

Individuals: T-shirts to top twenty finishers in each varsity race. Medals to top 3 in each race.
T-shirts to top ten finishers in each JV race. Medal to top two finishers.
T-shirts to top five finishers in Freshmen race. Medal to first place finisher.
T-shirts to top five finishers in Modified races.
Ribbons to 50th place in each race past T-shirt winners.

Race Schedule

8:30 a.m.	Coaches Meeting at the Finish Line
9:00 a.m.	Modified Girls
9:20 a.m.	Modified Boys
9:40 a.m.	Freshmen Boys
10:15 a.m.	JV Girls
10:50 a.m.	JV Boys
11:25 a.m.	Varsity Girls
12:00 p.m.	Varsity Boys
12:40 p.m.	Awards Ceremony

Location

The course is located at Ann G. McGuinness Intermediate School, on Rt. 26 in Endicott, NY.

The address for your GPS, Mapquest, etc is:

1301 Union Center Maine Hwy, Endicott, NY 13760

Runners can be dropped off at the Ann G. McGuinness parking lot. Buses and overflow parking will be directed to park in the lot next door.

Entry Fees and Deadlines

Entry fees are \$130 max per school, or \$40 per race or \$10 per runner. Please contact Daniel Bertonni at physedb@gmail.com to confirm your entry as soon as possible. Daniel can also be reached on his cell phone at (607) 644-5166 via call or text.

All entries and forms must be received no later than **Thursday, October 1st, 2017**.

Registration Information: 2017 Conwicke-Stock Invitational

School _____ Address _____

Coach _____ Home Phone _____ Work Phone _____

Please check the races your team will be participating in with approximate entry #'s:

Modified: ___ Boys ___ # of competitors ___ Girls ___ # of Competitors

Freshmen ___ Boys ___ # of competitors ___ Girls ___ # of Competitors

JV: ___ Boys ___ # of competitors ___ Girls ___ # of Competitors

Varsity: ___ Boys ___ # of competitors ___ Girls ___ # of Competitors

___ FEE ENCLOSED ___ FEE will be presented at the event

Please Mail Completed Form To:

Conwicke-Stock Invitational / Cross-Country

Union-Endicott Athletic Department

1200 E. Main St.

Endicott, NY 13760

Payable by check or voucher to: UEXC Booster Club