

# Chittenango Relays For Hope Chittenango High School Track April 12<sup>th</sup> 2019 4:15pm Start

**Rain Date:**

Rain date will be Saturday April 13<sup>th</sup> 2019. The start time will be 2:00pm

**Meet t-shirts:**

Meet t-shirts will be sold for \$15

**This meet is to support a Chittenango student battling brain cancer.**

**Track Events 4:15pm Start**

4 x 800m Girls	Final	Unlimited team entries, waterfall start.
4 x 800m Boys	Final	Unlimited team entries, waterfall start.
2000m Steeple Chase	Final	3 entries for each school.
3000m Steeple Chase	Final	3 entries for each school.
SMR 400-200-200-800 Girls	Final	Unlimited team entries, waterfall start.
SMR 400-200-200-800 Girls	Final	Unlimited team entries, waterfall start.
400m Hurdles Girls	Final	2 entries for each school.
400m Hurdles Boys	Final	2 entries for each school.
4 x 100m Girls	Final	2 entries for each school. The race is run in lanes
4 x 100m boys	Final	2 entries for each school. The race is run in lanes.
DMR Girls 1200-400-800-1600	Final	Unlimited team entries, waterfall start.
DMR Boys 1200-400-800-1600	Final	Unlimited team entries, waterfall start.
100m Hurdles Girls	Final	2 entries for each school.
110 Hurdles Boys	Final	2 entries for each school.
4 x 400m Girls	Final	Unlimited team entries, waterfall start.
4 x 400m Boys	Final	Unlimited team entries, waterfall start.

**Throws 3 person relay: (Each throwers best throw will be added together)**

Boys Discus Relay	4:15pm-5:30pm	Flighted, 3 entries
Girls Shot Relay	4:15pm-5:30pm	Flighted, 3 entries
Boys Shot Relay	5:35pm-6:50pm	Flighted, 3 entries
Girls Discus Relay	5:35pm-6:50pm	Flighted, 3 entries

**Horizontal Jumps 3 person relay: (Each Jumpers best jump will be added together)**

Boys Triple Jump Relay	4:15pm-5:30pm	Flighted, 3 entries
Girls Long Jump Relay	4:15pm-5:30pm	Flighted, 3 entries
Boys Long Jump Relay	5:35pm-6:50pm	Flighted, 3 entries
Girls Triple Jump Relay	5:35pm-6:50pm	Flighted, 3 entries

**Vertical Jumps 2 person relay: (Each Jumpers best jump will be added together)**

There will only be 2 entries in the vertical jumps.

Boys High Jump Relay	4:15pm-5:45pm	Start 4'8"	5 alive until 3 consecutive misses. Bar increased at 2" increments. Last jumper calls height.
Girls High Jump Relay	4:15pm-5:45pm	Start 4'2"	5 alive until 3 consecutive misses. Bar increased at 2" increments. Last jumper calls height.
Girls pole vault Relay	4:15pm-5:45pm	Start 6'00"	Bar increased at 6" increments. Last jumper calls height.
Boys pole vault Relay	Conclusion of girls	Start 8'06"	Bar increased at 6" increments. Last jumper calls height.

Bar will not be lowered except to break 1<sup>st</sup> place tie.  
5 alive format > 3 consecutive misses = elimination

**Entries:**

All entries are to be done online via <http://ny.milesplit.com>

**Awards:**

Individual events: Ribbons 1<sup>st</sup> - 6<sup>th</sup> place.  
Relay events : Batons to the winning team.

**Entry Fee:**

\$180 Boys and Girls team  
\$100 Single team

Please remit fee or voucher as soon as possible.

Chittenango Varsity Club  
C/O Harold Muller  
150 Genesee Street  
Chittenango, NY 13037

Make Check payable to the Chittenango Varsity Club