

## **CENTRAL SQUARE MODIFIED CROSS COUNTRY INVITATIONAL 2009**

**WHEN:** October 31st

**WHERE:** Paul V. Moore High School – Central Square

**MEET DIRECTORS:** Shaun McGuane – 380-2844 (cell)

673-7284 (home)

668-4341 (work)

Sandy Burns - 380-1442 (cell)

673-7284 (home)

668-4275 (work)

**COURSE:** The course is 2.0 miles of wooded trails with grass open fields and some moderate hills. Great spectator course.

### **RACE SCHEDULE**

**9:30 Coaches Meeting**

**10:00 Boys**

**10:30 Girls**

**INDIVIDUAL AWARDS:** Numbered Ribbons 1-25 in all races. T-Shirts to winning team

**ENTRY FEE: \$50.00 per school** check or voucher payable to **Central Square Cross Country Boosters**

**Mail to: Shaun McGuane**

**Central Square Middle School**

**U.S. Rt. 11S**

**Central Square, NY 13036**

**CENTRAL SQUARE MODIFIED CROSS COUNTRY INVITATIONAL  
2009**

**SATURDAY OCTOBER 31<sup>ST</sup>, 2009**

**CENTRAL SQUARE HIGH SCHOOL**

**ENTRY FORM**

**School** \_\_\_\_\_ **Fax #** \_\_\_\_\_

**Address** \_\_\_\_\_ **School Phone** \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Boys' coach \_\_\_\_\_ Home ph. \_\_\_\_\_  
Email \_\_\_\_\_  
Girls' coach \_\_\_\_\_ Home ph. \_\_\_\_\_  
Email \_\_\_\_\_

**ATTENTION COACHES:**

- 1. PLEASE INCLUDE A ROSTER WITH YOUR ENTRY FORM.**
- 2. SCORING WILL BE DONE "THE OLD FASHIONWAY" (SCORE CARDS AND INDIVIDUAL TAGS).**
- 3. COACHES WILL NEED TO FILL OUT RUNNER TAGS BEFORE THE RACE AND TURN IN A SCORE CARD PROMPTLY AFTER THE RACE.**

**ENTRY DEADLINE OCTOBER 24<sup>th</sup>, 2009**

**ROSTER MUST ACCOMPANY ENTRY FORM**

**TEAM \_\_\_\_\_**