

36th annual
CARL J. ROESCH MEMORIAL BOYS' TRACK CLASSIC
SATURDAY, MAY 22, 2010 – 9:45AM
CLARENCE HIGH SCHOOL

MEET DIRECTOR:

Geoff Koch, Head Boys' Track & Field Coach
(716) 407-9043 (Clarence HS Athletics Office)
Email: ClarenceEntries@me.com

ENTRY:

- 1.) Coaches must e-mail Coach Koch (ClarenceEntries@me.com) with their intent to participate **by Friday, May 14, 2010**
- 2.) All entries are to be done on-line via <http://onlineentries.com>
Entry deadline is **Wednesday, May 19, 2010 at 11:00pm!**

If you do not already have a team account with OnlineEntries.com, email Pat Leone (Pat@LeoneTiming.com) for instructions

ENTRY LIMITS:

Each school is allowed TWO (2) entries per individual event. Each school is allowed ONE (1) entry per relay and ONE (1) entry in the Pentathlon. Up to three entries in an individual event are allowed only if ALL entrants have met or bettered the standards listed on the next page. We expect these cases to be rare.

ENTRY FEE:

\$125 per team or \$20 per individual

Payable to: **Clarence Track Club**
5265 Old Goodrich Rd.
Clarence, NY 14031

* Please take measures to ensure that payment is processed in a timely manner.

RESULTS:

Leone Timing & Results Services will be using FinishLynx Fully Automated Timing and Hy-tek's Meet Manager to provide fast, accurate results.

Results will immediately be posted within the stadium during the meet. Full results packets will be available at the conclusion of the meet. Results will later be available electronically on Section6Runs.com, LeoneTiming.com, ClarenceRunning.com, TullyRunners.com, and ArmoryTrack.com. Upon request, Leone Timing will e-mail results to newspapers outside of the Buffalo area.

AWARDS/ SCORING:

Scoring top six (6) places: 10 – 8 – 6 – 4 – 2 – 1 for all events

Awards to top six (6) places in each event, Top three (3) teams, and Most Outstanding Athlete award. In case of tie in team scoring, the higher place will be awarded to the team scoring in more events.

ELIGIBILITY / RULES:

As established by NYSPHSAA and National Federation

OFFICIALS:

Western New York Track & Field Officials Association

FACILITIES:

Newer 6 lane track & runways (1/8" spikes only), Concrete throwing circles

DIRECTIONS:

From Interstate 90: Exit 49. Left on Transit Road (Route 78). Right on Main Street (Route 5). Right on Gunnville Road. The track is located on the side of the high school. Parking is in back of the school.

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Schedule of Events

9:00am OFFICIALS' AND COACHES' MEETING (in the Gymnasium)

Approximate

Start Time			Event Number	3 rd Competitor Standard
9:45am	Pent. 110 meter High Hurdles		1	2750 points
10:00am	110 meter High Hurdles	Trials	2	16.0
	3000m Steeplechase (sections)	FINAL	3	10:30.0
	4x100 meter Relay	Semi-Finals	4	-
	110 meter High Hurdles	Semi-Finals		
	100 meter Dash	Trials	5	11.3
	1600 meter Run (sections)	FINAL	6	4:40.0
	110 meter High Hurdles	FINAL		
	100 meter Dash	Semi-Finals		
	400 meter Dash	Semi-Finals	7	53.0
	400 meter Intermediate Hurdles	Semi-Finals	8	1:01.0
	100 meter Dash	FINAL		
	800 meter Run (sections)	FINAL	9	2:03.0
	200 meter Dash	Semi-Finals	10	23.5
	400 meter Dash	FINAL		
	400 meter Intermediate Hurdles	FINAL		
	200 meter Dash	FINAL		
	3200 meter Run (sections)	FINAL	11	10:15.0
	* Pentathlon 1500 meter Run			
	4x100 meter Relay	FINAL		
	4x400 meter Relay	FINAL	12	
	4x800 meter Relay	FINAL	13	

NOTE: Qualifying for subsequent rounds in the 100, 100HH, 200, 400, 400IH, 4x100, and 4x400 will be determined by the number of entries. 200, 400 and 400IH will be two-heat timed finals.

* Pentathlon 1500 meter Run will be inserted when appropriate

Approximate

Start Time			Event Number	3 rd Competitor Standard
10:00am	** Long Jump		14	19' 6"
	** Shot Put		15	45'
	Pole Vault (Starting height 10' 0")		16	11' 6"
10:30am	Pentathlon High Jump			
11:30am	** Triple Jump (Follows Long Jump)		17	40' 0"
12:00 noon	** Discus (Follows Shot Put)		18	130' 0"
12:30pm	Pentathlon Shot Put			
	High Jump (Follows Pent. HJ – Starting Ht. 5' 4")		19	5' 10"
1:30pm	Pentathlon Long Jump			

NOTE: LJ, TJ, Shot, and Discus will be 3 trials with the Top 8 qualifying for the final (3 more attempts).

** Marks under 18' in LJ, 36' in TJ, 40' in Shot, and 100' in Discus will not be measured.