

**Christian Brothers Academy's 14th Annual
Brother Basilian O'Connell Memorial Track and Field
Invitational**

Friday, April 30, 2010

PLEASE EMAIL :

TRUDEL16@YAHOO.COM WITH INTENT TO PARTICIPATE... IF WE HAVE TO CLOSE THE MEET OUT, IT WILL BE BASED ON TIME EMAILS WERE RECEIVED. WE WANT TO KEEP THE NUMBER OF ATHLETES MANAGABLE!

Where: Christian Brothers Academy
6245 Randall Rd.
446-5960 446-5868 (fax)

For Class A,B, C, and D Schools

Facility: Six lane all weather track with rest rooms, locker rooms and concessions stand located on the track. Separate Shot and Disc Areas. Bus Parking located in the upper parking lot.

Medals for first through third in each event, ribbons for fourth through sixth place.
Plaques awarded to the winner of the boys and girls 1600/1500 in honor of Bob Carsky

An athlete may compete in three events and coaches may have up to two entries per individual event, one team per relay event. Opening height for the high jump will be determined at the coaches meeting. The shot and discus will consist of three throws and begin promptly at 3:45 with no finals. Long and triple jumps will consist of three jumps each with no finals.

Please have cards for shot, disc, and all running events. The rest of field events will be done on clip boards.

Field events Start at 4 --- ATHLETES MUST HAVE MARK BY THAT POINT.
First running events should begin promptly at 4:00 --- CHECK IN WILL BE AT 3:45.
Seed cards should be brought to the coaches meeting.

150.00 for both boys and girls teams.

85.00 for one team.

10.00 per individual and 15.00 per relay team.

Please remit fee or voucher promptly to assure your spot.

If you have any questions, contact Buddy Wleklinski at 446 - 5960 x 83

or

Theresa Trudell 751-9656

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Order of Events

400IH: (B) Timed Final, (G) Timed Final

4 x 800 Relay: (B) Timed Final, (G) Timed Final

100M (B) Semis; (G) Semis

110M HH (B) Semis

100M HH (G) Semis

1600M (B) Timed Final

1500M (G) Timed Final

100M: (B) Timed Final, (G) Timed Final

100M HH (G) Timed Final

110M HH (B) Timed Final

400M (B) Timed Final, (G) Timed Final

800M: (B) Timed Final, (G) Timed Final

CARSKY MILE (for Alumni): single lap around the track

200M: (B) Timed Final, (G) Timed Final

3000M (G) Timed Final

3200M (B) Timed Final

4 x 100m Relay (B) Timed Final, (G) Timed Final

Novice 1600/1500 (B), (G)

4 x 400M Relay (B) Timed Final, (G) Timed Final

NOTE: The number of heats will be determined by the number of entries

Field Events:

Shot Put (G), (B) (Three Throws)

Discus (B), (G) (Three Throws)

Long Jump (Boys followed by Girls...3 jumps)

Boys will be 4:00-5:00, girls 5:15-6:15

Triple Jump (Following Long Jump...Boys then Girls)

Boys 6:30 – 7:30, Girls 7:45

(if entries are less we will shorten the times)

High Jump (G), (B)

Pole Vault (B), (G)