

Alden Bulldog Stampede



Coaches:

Alden Central School District would like to invite you to compete in the **24th Annual Bulldog Stampede** on Saturday, October 17, 2009. Last year, over 35 teams came out to participate in the annual Bulldog Stampede. This year, we are hoping to increase that number and the competition. This is a great opportunity for your athletes to compete against some of the best runners in the state. The event will cover 7th & 8th grade, JV, Varsity AA (700 or more) and Varsity A (less than 700). With the wide range of age levels and teams running, it gives you the coaches a great tool to evaluate future runners and opposing teams. For teams in Section 6, it allows you to run and get familiar with the course before the upcoming 2009 ECIC Cross Country Championships at Alden on October 31th. The Alden cross-country course has been groomed and well maintained and is considered one of the best courses in the state. There will be a 50-team limit this year, so respond as soon as possible. You can RSVP to Alden Central School District at (716) 937-9116 ext 4193 or e-mail Ecarll@Alden.wnyric.org. Thank you.

Good luck this season!

Edward Carll
Alden Cross-Country

24th Annual
Bulldog Stampede
Cross Country Invitational

Meet Director: Ed Carll ecarll@Alden.wnyric.org 1-716-937-9116 ext 4193

Email Roster to: Ed Carll ecarll@Alden.wnyric.org Dead line October 10th
RSVP in tent to participate as soon as possible.
We will be scoring all high school races on the computer. Therefore, we will need your complete high school rosters.
Note: Teams may enter 7 runners in the Varsity races. 10 in the JV races and unlimited in the modified.

Date: Saturday, October 17th 2009

Location: Alden High School 13190 Park Street Alden, NY 14004(See Attachment)

Entry Fee: \$100.00 per school or \$50.00 per team. Entry forms and check voucher must be received by Friday October 9th. Make checks/voucher payable to: Alden Cross Country Club. At Alden Central School 13190 park Street Alden, NY 14004(Attention Alden Athletics)

Coaches meeting: Coaches will meet at 10:00; to cover any last minute changes. In your folder you will find a playing card. This is to be used at the concession stand.

Scoring: Scoring is by card system for Jr. High and the remaining races will be using the computer for all other races. Please fill out all envelopes with names and place finishes: put the place cards inside the envelopes. Turn in all envelopes and cards at the scoring window.

Awards: **Individual awards** will be given out in the chute after each race. **Team awards** will be announced and handed out as the scores and races are completed. **Outstanding runner awards** will be given to the male and female with the fastest times of the day.

General Information: Concession stand will offer a variety of food for your pleasure. Tee-shirts will be on sale for a great price; designed by Mr. Tee.

Restrooms There are porta johns located in several areas. **NO ONE IS TO USE THE SCHOOL.** Anyone found in the school will be disqualified from the meet.

Order of Races

11:00 am	7/8 grade girls	1.8 Miles
11:30 am	7/8 grade boys	1.8 Miles
12:00 pm	JV boys	3.1 miles
12:30 pm	JV girls	3.1 Miles
1:00 pm	Boys Varsity Large School	3.1 Miles
1:30 pm	Girls Varsity Large School	3.1 Miles
2:00 pm	Boys Varsity Small School	3.1 Miles
2:30 pm	Girls Varsity Small Schools	3.1 Miles

Welcome to the 24th annual Bulldog Stampede

DRIVING DIRECTIONS TO THE DISTRICT OFFICE & ALDEN HIGH SCHOOL

From the East via the Thruway:

Take the 1-90 W. (toll road)
Take the RT-77 exit (exit number 48A) towards Pembroke/Medina
Stay straight to go onto ramp
Turn Right onto NY – 77
Turn Right onto NY – 33/W Main Street
NY-33/W Main Street becomes NY- 33/
Genesee Street
NY– 33/Genesee Street becomes NY –33
NY-33 becomes NY-33/Genesee Street
turn slight left onto Crittenden Road
turn right onto Park Street

From the West via the Thruway:

Take the I-90 E exit (exit number 1-52) on
the left towards Buffalo Airport/Albany
Merge onto I-90 E
Take the Walden Ave East exit (exit
number 52E) towards Cheektowaga
Merge onto Walden Avenue
Turn Right onto Dick Road
Turn Left onto NY – 130
NY – 13 becomes Broadway/US – 20
Broadway US – 20 becomes Broadway
St/US – 20
Turn Left onto Emerson Street
Turn Left onto Park Street

Entry Form-Alden Bulldog Stampede 2009

Name of School: _____ Large or Small(circle)

Address _____

Coach _____ Phone _____ Email _____

Races intend to participate

_____ 11:00 am 7/8 grade Girls race.
_____ 11:30am 7/8 grade Boys race
_____ 12:00 pm JV Boys race
_____ 12:30pm JV Girls Race
_____ 1:00pm Boys Varsity Large School Race
_____ 1:30pm Girls Varsity Large School Race
_____ 2:00pm Boys Varsity Small School Race
_____ 2:30pm Girls Varsity Small School Race

