

## **BOB SCARRY/MORAVIA RELAYS INFORMATION**

Thank you for your response to the eleventh annual running of the Moravia Relays! Here is some additional information to help make the meet go as smoothly as possible on April 24.

**!!Please read these two pages all the way through!!**

1. **THIS MEET WILL BE PRE-SEEDED!** We will be seeding the meet through sydex. If you are unfamiliar with sydex, instructions will be coming soon as to how to enter your athletes. Please be sure to observe the deadlines included!

2. **Each school may enter one team per event; 4 athletes per running event, 2 athletes per field event. Each individual may participate in 4 events. The order for the Sprint Medley will be 400-200-200-800.; the Distance Medley order will be 800-400-1200-1600. The Freshman/Sophomore Sprint Medley will be non-scoring (but award winning).**

3. A coaches meeting will be held at 9:30 am. Seeding packets will be handed out at that time. Field Events check-in is 9:45. All Field Events and the Girls' 6400 Relay will begin at 10:00 am.

4. **Entry fees are \$150.00 for both Boys and Girls teams, \$90.00 for a single team. Checks or vouchers can be mailed to Moravia High School. Please make them payable to:**

**Moravia Track Club** (This is a change from last year)

c/o Brian Mazza, Athletic Director

Moravia High School

PO Box 1189

Moravia, New York 13118

5. Ribbons will be awarded to the top 6 teams in each event. Scoring of running events will be: 12-10-8-6-4-2. Scoring of field events will be 6-5-4-3-2-1. Trophies will be awarded to the winning Boys and Girls teams, as well as the most improved teams from the previous year.

6. **The Moravia Booster Club will be running a concession stand all day. There will also be a limited number of T-shirts for sale featuring the names of all participating schools. Please inform your teams of the T-shirts – last year we sold out.**

7. **NO SPIKES OF ANY KIND WILL BE ALLOWED FOR ANY EVENT!**

8. **Facilities are limited in the event of poor weather. Make sure athletes dress appropriately.**

9. Athletes will be given 4 (four) attempts in the shot put, discus, long jump, and triple jump. **THERE WILL NOT BE TRIALS AND FINALS!** The best performance of each individual counts for award purposes.

**10. We will use an open pit for the long and triple jumps.**

**Boys and Girls long jump: 10:00 – 12:00. (Four jumps each)**

**Boys and Girls triple jump: 12:30 – 2:30. (Four jumps each)**

11. There will be **TWO** attempts at each height for the high jump and three for the pole vault. These events must come to completion to be scored.

Girls High: 3'6" start, then 3'9", 4'0" and by 2" after 4'

Boys High: 4'6" start, then 4'9", 5'0" and by 2" after 5'

Boys Pole Vault: 7'0" start and go up by 6".

Girls Pole Vault: 6'0" start and go up by 6"

**12. THE 10 MINUTE RULE WILL BE ENFORCED!**

13. The Contralto and Clydesdale Relays are intended for throwers only! You may enter a team in this event, or schools without 4 'weight men' can recruit "on the spot" to make up a team. These events will be non-scoring, but ribbons will be awarded for all 6 places. Please talk it up among your throwers so we can have a little fun! (It is a mile relay)

**14. We in the midst of a major construction project at the Elementary School. The construction area is to be avoided by all athletes! Buses will drop athletes at the Elementary School and park at the High School parking lot.**

15. If you have any questions or suggestions, feel free to contact me at:

Moravia High School

PO Box 1189

Moravia, N.Y. 13118

Ph: (315) 497-2670 ext. 2135

Email: [jhunsing@moraviaschool.org](mailto:jhunsing@moraviaschool.org); [jlhuns@verizon.net](mailto:jlhuns@verizon.net)

Or you can call me at home between 6:30 and 9:00 pm at (315) 497-3440.

Jan Hunsinger

## **BOB SCARRY/MORAVIA RELAYS: ORDER OF EVENTS**

1. 6400 Relay (G)	Final
2. 6400 Relay (B)	Final
3. Shuttle Hurdles (G)	Timed Final
4. Shuttle Hurdles (B)	Timed Final
5. Sprint Medley Relay (G)	Timed Final
6. Sprint Medley Relay (B)	Timed Final
7. 400 Relay (G)	Semis
8. 400 Relay (B)	Semis
9. Distance Medley Relay (G)	Final
10. Distance Medley Relay (B)	Final
11. 800 Relay (G)	Semis
12. 800 Relay (B)	Semis
13. Freshman/Sophomore Sprint Medley (G)	Timed Final
14. Freshman/Sophomore Sprint Medley (B)	Timed Final
15. 400 Relay (G)	Final
16. 400 Relay (B)	Final
17. 3200 Relay (G)	Final
18. 3200 Relay (B)	Final
19. 800 Relay (G)	Final
20. 800 Relay (B)	Final
21. Contralto Relay (G)	Timed Final
22. Clydesdale Relay (B)	Timed Final
23. 1600 Relay (G)	Timed Final
24. 1600 Relay (B)	Timed Final

**FIELD EVENTS:** Girls Shot, then Boys; Boys Discus, then Girls; Girls High, then Boys; Boys Pole Vault, then Girls; Open Pits for Long Jump, then Triple Jump