# **Bob Pratt Invitational**

Hosted by Smithtown High School

## Saturday, September 21, 2019

Sunken Meadow State Park Kings Park, New York

Race Order:

9:00 – Boys' Novice 5K (Moat, ½ Snake, Picnic, College, Moat, no Cardiac)
9:30 – Girls' Novice 5K (Moat, ½ Snake, Picnic, College, Moat, no Cardiac)
10:00 – Boys' Varsity Blue (Championship 5K course- full Snake and Cardiac)
10:30 – Girls' Varsity Blue (Championship 5K course- full Snake and Cardiac)
11:00 – Boys' Varsity Red (Championship 5K course- full Snake and Cardiac)
11:30 – Girls' Varsity Red (Championship 5K course- full Snake and Cardiac)
12:00 – Boys' JV (Championship 5K course- full Snake and Cardiac)
12:30 – Girls' JV (Championship 5K course- full Snake and Cardiac)
12:30 – Girls' JV (Championship 5K course- full Snake and Cardiac)
12:30 – Girls' JV (Championship 5K course- full Snake and Cardiac)
12:50 – Boys' Frosh 1.5 (Bridge-Snake-Moat)
1:15 - Girls' Frosh 1.5 (Bridge-Snake-Moat)
\*Varsity races will be balanced. We will use most recent milesplit rankings to create even races.
\*\*Novice races are for athletes 10-12 who may not yet be ready for the SM Championship 5K course.

Individual Awards: Dri-Fit shirt to top 25 finishers in all races New for 2019: Trophy for fastest overall 5K time of the day and fastest overall fifth runner of the day Team Awards: Trophies to top 3 teams in all races except Novice.

Entry Fee(s):
\$50.00 per team (1-7 runners)
\$7.00 per individual after full team fee is paid
\$150.00 blanket entry fee for boys' or girls' team
\$25.00 Schools outside Suffolk should add \$25 for officials fee (in addition to blanket entry)
\*\*PLEASE NOTE – This is an entry free, not a participation fee.

**Nearest Hotels:** Radisson in Hauppauge and Hampton Inn LI in Commack (app. 15 mins from park) **State Park Bus Fee:** Sunken Meadow charges \$35 per bus after 8AM if you buy the pass in advance. Call 631-321-3515 to reserve pass. The fee is \$75 if you purchase at gate on day of meet. You will be asked to fill out a form upon entry and the park will send a bill to your district. No fee before 8AM.

#### ENTRY DEADLINE: Wednesday, September 18, 2019

All coaches must submit a roster to <u>www.just-in-time-racing.com</u> by this date. Roster questions/problems? Contact Tony Toro (eltorotf@optonline.net) Race assignments will be posted on <u>www.just-in-time-racing.com</u> on 9/19/19.

## Bob Pratt Invitational 2019 Girls Entry Form

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Coach's email: \_\_\_\_\_

Coach's phone: \_\_\_\_\_

| Girls Freshmen             | # teams<br># individuals* |                           | @ \$50 =<br>@ \$7 = |  |
|----------------------------|---------------------------|---------------------------|---------------------|--|
| Girls JV†                  | # teams                   |                           | @ \$50 =            |  |
|                            | # individuals*            |                           | @ \$7 =             |  |
| Girls Varsity              | 1 team‡                   |                           | @ \$50 =            |  |
| Girls Novice               | # individuals             |                           | @ \$7 =             |  |
| Girls Blanket Fee          | 1 school                  |                           | @ \$150 =           |  |
| Outside Suffolk<br>Schools | Officials Fee             | In addition<br>to blanket | @ \$25 =            |  |
|                            |                           |                           | Total=              |  |

\*Individual entry fee applies to <u>additional runners</u> in a race after you have entered a <u>team</u> (7 runners) and paid the \$<u>50 team entry fee</u>.

†A school must have at least 5 runners in the varsity race in order to run in a JV race.

‡A school may enter only one team in the varsity race.

Entry fee payable to: Smithtown High School West with 'Smithtown Boys' XC' in memo line. Tax ID #: 11-6003110.

Proceeds will go to the Robert W. Pratt Memorial Scholarship Fund Mail entry and purchase order to: Peter Schieck Smithtown HS West 100 Central Road Smithtown NY 11787

Please email your intent to run to pschieck@smithtown.k12.ny.us as soon as you know you are coming.

### Bob Pratt Invitational 2019 Boys Entry Form

School: \_\_\_\_\_

Coach: \_\_\_\_\_

Coach's email: \_\_\_\_\_

Coach's phone: \_\_\_\_\_

| Boys Freshmen              | # teams        |                           | @ \$50 =  |  |
|----------------------------|----------------|---------------------------|-----------|--|
|                            | # individuals* |                           | @ \$7 =   |  |
| Boys JV†                   | # teams        |                           | @ \$50 =  |  |
|                            | # individuals* |                           | @ \$7 =   |  |
| Boys Varsity               | 1 team‡        |                           | @ \$50 =  |  |
| Boys Novice                | # individuals  |                           | @ \$7 =   |  |
| Boys Blanket Fee           | 1 school       |                           | @ \$150 = |  |
| Outside Suffolk<br>Schools | Officials Fee  | In addition<br>to blanket | @ \$25 =  |  |
|                            |                |                           | Total=    |  |

\*Individual entry fee applies to <u>additional runners</u> in a race after you have entered a <u>team</u> (7 runners) and paid the \$<u>50 team entry fee</u>.

†A school must have at least 5 runners in the varsity race in order to run in a JV race.

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