

28th Annual Bob Greene/ Newark Valley Cross-Country Invitational

Newark Valley High School

68 Wilson creek Road

Friday, October 14, 2011

The Newark Valley Cross-Country program invites you to join us for the **28th Annual Bob Greene/Newark Valley Cross-Country Invitational**, sponsored by the Newark Valley Booster Club. The meet again will be held on Friday afternoon/evening given the positive response last year. Our current course is fairly flat, with a few small hills or rises and, approximately mid-way through for all races, one significant hill, though we are in the process of adding a 2nd significant hill to make the course more interesting and challenging. This new component may be ready for competition by mid-October. But, if not, the course will be similar to last year's course. The 3.1 mile (5K) Varsity/JV and the 1.5 mile Junior High (Modified) courses are well-groomed and have wide avenues for running. The course layout is designed to permit considerable spectator viewing while minimizing the need to cross the course in order to watch the runners. The grass has grown in nicely since the completion of last year's construction project and we'll have it ready for racing. .

Schedule (subject to change depending on # of entries):

3:40	Coaches Meeting
4:00	Junior High Boys
4:15	Junior High Girls
4:35	Varsity Boys
5:00	Varsity Girls
5:25	JV Boys
5:55	JV Girls

Limit of nine (9) runners per Varsity team. There is no limit to the number of JV or Modified runners. When responding with your intention to enter (see below), be sure to indicate for which races you will have runners and the approximate number of runners in each of the races. Note that you don't have to decide whether you want to enter 7, 8, or 9 runners in the Varsity races until the Sydex entries are submitted. Once submitted, no changes or substitutions. No Varsity team may enter the J.V. race. A single team entry is automatically in the Varsity race. Junior High entries must be 7th & 8th graders.

Depending upon the number of runners in each race, we may need to add additional sections of the race. Therefore, it is important that you return the **Intention To Enter Form (by mail or email) by September 19, 2011**, with your estimated numbers for each race. All entries are to be submitted on Sydex **by Wednesday, October 12th by 6:30 pm**. Please do your very best to input all your entries by the **6:30** deadline, as it takes considerable time to set up the meet, given our team scoring divisions, and we really don't want to have to call you that evening..

As was done last year, we are dividing the participating teams into team scoring divisions and will have large school and small school champions for the **varsity** and **junior high** races. One race, but split scoring based on divisions. The large school (Class AA, A, and B) team scoring results and the small school (Class C and D) team scoring results will be sent to the media, as well as the merged team scoring results.

Awards

Individuals: All individual awards will be handed out within 5 minutes (or so) following each race:

Varsity boys and Varsity girl's races: Medals to top 10, T-shirts for top 15, Ribbons for places 11-125

JV boys and JV girl races: T-shirts for top 10, Ribbons top 75

Junior High boys and Junior High girl's races: T-shirts for top 10 and Ribbons to top 100

Teams: Trophies for both boys and girls teams will be awarded shortly after each of the girls' races.

Varsity Boys Large School Division and Varsity Boys Small School Division

Varsity Girls Large School Division and Varsity Girls Small School Division

Junior High Boys Large School Division and Junior High Boys Small School Division

Junior High Girls Large School Division and Junior High Girls Small School Division

Overall JV Boys

Overall JV Girls

Fee: See Entry Form

*** Locker-room facilities are available in the High School. No Spikes may be worn in the building. Use only the designated areas. Any runner caught wandering the building will be disqualified with their entire team.**

*** The Cardinal Booster Club will be operating the Concession Stand for your and the spectators' convenience.**

***Buses will park in the front of the school in the diagonal slots in the front of the school. That area will accommodate 22 buses. Additional bus parking will be provided if needed. Please do not arrive prior to 2:35 as the HS needs to dismiss at 2:30.**

***Tents – tents may be set up in the grassy areas anywhere between the back of the High School and the Tennis Courts. This area was chosen because it is in close proximity to the Start and Finish lines, which this year, are both near the baseball field. If you have questions, please feel free to contact Coach Eric D'Arcy at edarcy@nvcstier.org, or at 607-642-8665.**

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Intention To Enter Form

Name of School _____

Coach(es) Name(s) _____

Best phone number _____

Best phone number _____

Email _____

Email _____

No, we do not plan on attending: _____

Yes, we plan on bringing the following estimated number of runners in each of the following races:

Varsity Boys (up to 9) _____

Varsity Girls (up to 9) _____

JV Boys (unlimited) _____

JV Girls (unlimited) _____

Junior High Boys (unlimited) _____

Junior High Girls (unlimited) _____

Fee: \$35 per race
\$10 per individual runner (Varsity, J.V., or Junior High).
Maximum amount \$125 per school.

Please make your check payable to: Newark Valley Booster Club, and mail it, along with the completed entry form, to:

Newark Valley High School
c/o Newark Valley Booster Club
68 Wilson Creek Rd.
Newark Valley, N.Y. 13811

Also, if you could, please email this page the estimated number of runners for each race filled in to: edarcy@nvcs.stier.org. It would be very helpful to us to have this information as soon as is possible.

Thank you, and we hope to see you all here in Newark Valley on Friday, October 14th!

Eric D'Arcy - NV Varsity/JV
Brian Trippany - NV Varsity/JV
Rob Zetsche - NV Modified