

## Return of the Annual Ben Boice Invitational

**Date:** Saturday, October 10th, 2009

The race will be held on the Millbrook School District Complex. The surface will consist of pavement, grass, and soft dirt – with a challenging climb.

**Distance:** The Varsity races will be 5,000 meters and the Modified race will be a 1.5 mile race.

**Schedule: Please arrive no later than 1:00 PM, so your athletes can walk the course – this is an SAT Day.**

Saturday:

2:30PM – Modified Boys

2:55PM – Modified Girls

3:20PM – Varsity Girls

4:00PM – Varsity Boys

4:40PM – Open 5K race

Awards: Team awards – Varsity races 1st, 2nd, & 3rd place trophies - Medals will be given to the top 25 in the Varsity races.

\*Food will be available at the concession stand.

### Registration Form:

Cost:

Individual Runner - \$10.00

Modified Team - \$25.00

Varsity Team - \$35.00

Blanket Fee - \$130.00

**Name of School/Individual:** \_\_\_\_\_

Fill in numbers that apply to each:

Individual Boys \_\_\_\_\_

Individual Girls \_\_\_\_\_

Varsity Boys \_\_\_\_\_

Varsity Girls \_\_\_\_\_

Total Cost: \$ \_\_\_\_\_

**\*\*\*PLEASE SUBMIT A TYPED ROSTER WITH YOUR REGISTRATION\*\*\***

**\*Please include a contact e-mail address**

**Note – will obtain sanction for surrounding out of state schools**

**\*Make checks payable to the Agony of Defeat Fund\***

Return registration form, a check, or claim form by October 2, 2009.

Mail To:

Millbrook Central Schools

PO Box AA

Millbrook, NY 12545

ATTN: Athletic Office

Contact Person: Trace Keller, Varsity XC Coach

W: (845) 677-2510 H: (845) 221-1193 School Fax: (845) 677-2530

\*\*Also, you can contact me on my e-mail address: [tracy.keller@millbrookcsd.org](mailto:tracy.keller@millbrookcsd.org) or [brian.devincenzi@millbrookcsd.org](mailto:brian.devincenzi@millbrookcsd.org)