

**THE 31ST ANNUAL
BEAVER RIVER
CROSS COUNTRY INVITATIONAL,
5K & .5M FUN RUN
SATURDAY, OCTOBER 2, 2010**

Coaches

Meeting: 9:30 am In Room 154 (Near the high school gym)

Races:

9:00 am Open Race on Varsity Course
(\$5.00/runner, t-shirt to male and female winners)

9:30 am Fun Run .5 mile (No Entry Fee)

10:00 am Modified Boys (No Spikes)

10:20 am Modified Girls (No Spikes)

10:40 am Junior Varsity Boys (Unlimited Entries, top 7 must
run varsity)

11:10 am Varsity Boys (Top 7 Runners)

11:40 am Varsity Girls (Unlimited Entries)

Awards: T-shirts to the TOP 10 in all scholastic races (top 15 in Varsity Girls).
Medals to the top finisher in all scholastic races.
Ribbons to all other finishers.
Team Awards to the Top 3 Varsity Teams.

*We will handout individual awards in the finish chute.

*Team awards can be picked up as soon as results are posted.

Concession Stand: There will be a variety of items for sale throughout the day including pizza, nachos, hot dogs, chips, soda, baked goods, etc.

This is also our homecoming weekend (same as last year) so there will be games, many booths/tents offering various foods, etc.

We will also have cross country **t-shirts** available for purchase at our concession stand.

Entry Format: Please fill out the below form & return asap. Also please go to our XC page <http://www.brcsd.org/athletics.cfm?subpage=25729> and fill out the Excel spreadsheet with your athletes' names, school, level, M/F & grade by **Sep 27, 2010**. We will have bibs pre-filled out for your athletes when you arrive.

Directions:

From the North: NY- 812 thru Croghan, Right at NY-126 (2.3m), left on Artz Road, School will be on your left.

From the South: I-81N to Exit 42/Adams Center/NY-177, turn right off exit ramp, straight thru light, remain on NY-177 for 25 miles, Slight Right onto NY-12, go 2.8m & turn left onto NY-26, go .4m and turn right onto NY-812/Bostwick, go .5m and turn left to remain on NY-812 N, go 4m and turn left onto Artz Road, go approx 3.5m, school will be on your right.

Maps: Our course maps can be found at the following link:

<http://www.brcsd.org/athletics.cfm?subpage=25729>

