AUTISM AWARENESS
Invitational Track Meet
Saturday March 30th, 2019
North Shore High School
10:00 AM START

In recognition of Autism Awareness Month:

PROCEEDS WILL GO THE NASSAU-SUFFOLK AUTISM SOCIETY

Cost: $200 entry AND a portion of the cost of the officials for Nassau County Public Schools
($375 for combined Girls and Boys teams-UNLIMITED ATHLETES IN ALL EVENTS)

ENTRIES DUE BY MONDAY March 25th 2019

EMAIL: Neal Levy: levyn@northshoreschools.org or cell 516 330-4590 or FAX: (516) 277-7042

Order of Events (GIRLS FOLLOWED BY BOYS)

1500M Racewalk (Girls only)
Girls 2k Steeple Chase/Boys 3k Steeple Chase

400 IH	High Jump	(Girls Followed by Boys)
100m Semi	Long Jump	(Two pits)
1500/1600	Triple Jump	(After Long Jump)
100m Final	Shot Put	(Boys Followed by Girls)
400m	Discus	(Girls Followed by Boys)
100 HH/110HH	Pole Vault	(Boys Followed by Girls)
800m		
200m		
4 x 100		
4 x 400		

Awards: Medals to the top 5 competitors in each event.
Medals to the top 4 teams in each relay event

IN ADDITION TO THIS ENTRY-YOU MUST REGISTER YOUR TEAM WITH ROSTER ON NY.MILESPLIT ON OUR HOME PAGE

SCHOOL

COACH

CIRCLE ONE: BOYS TEAM GIRLS TEAM BOTH

COACH'S E-MAIL

COACHES CELL:

PAYMENT $200 Payable to: NORTH SHORE SCHOOLS
Or 450 Glen Cove Ave
$375 Glen Head NY 11545
Attn: NEAL LEVY