

BALDWINSVILLE BOYS TRACK & FIELD
Baldwinsville BEES "John Arcaro" Relays

DATE: Saturday, April 17, 2010

TIME: 10:00 a.m. Start

ENTRY FEE:	\$25.00/Relay	Maximum \$150.00
PAYABLE TO:	Baldwinsville Boys Track & Field Club c/o Oscar Jensen 29 East Oneida Street Baldwinsville, NY 13027	

SCORING: 10-8-6-4-2-1 All events

AWARDS: Top 6 Individual Top Two Teams

ORDER OF EVENTS

10:00 a.m.	110M High Hurdle Relay (F) 4 X 400m Relay (F) Distance Medley Relay (1200-400-800-1600) (F) Int. Sprint Medley Relay (100-200-300-400) (F) 3000M Steeple Chase (F) 4 X 200m Relay (F) 4 X 800m Relay (F) 400M Intermediate Hurdles Sprint Medley Relay (400-200-200-800) (F) 4 X 1600m Relay (F) 4 X 100m Relay (F) Throwers 4 X 100m Relay (non scoring – pies to each winner) *Minimum Total weight 850 lbs.	
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Also at 10:00 a.m. Shot Put
 High Jump
 Pole Vault
 Long Jump

To follow: Triple Jump
 Discus
 28 lb. Wt. Throw

S.P./L.J./T.J./D.T./28 lb. wt. (4 Attempts In Each)
PV & HJ (3 attempts at each height) Starting Height: P.V. - 8' 6" H.J. - 5'

****PLEASE NOTE: NO SPIKES WILL BE ALLOWED ON THE TRACK****

All running relays are four persons (Exception: 110M High Hurdle & 400M Int. Hurdle Relays & Steeplechase is a "two-person" relay)
 All Field events are "two-person" relays.

New York State and National High School Federation Rules apply. Each school may enter only one relay team per event. An athlete can compete in no more than three events.

Let me know if you plan to enter by April 1st, 2010

Yours in track,
 Oscar B. Jensen Home - 635-7312 E-mail – ojensen@twcny.rr.com
 Athletic Dept. Office Phone - 638-6053 FAX - 635-3970 E-mail - bquimby@bville.org