



June 8<sup>th</sup> – June 9<sup>th</sup>, 2018

**NYSPHSAA BOYS/GIRLS OUTDOOR TRACK & FIELD COMMITTEE**  
**Tom Wells – Boys State Coordinator, Dan Doherty – Girls State Coordinator**  
**Tim Bednarski – Tournament Director**

	<u>Boys</u>	<u>Girls</u>
Section 1	TBA	Walter Hall
Section 2	Dave Peterson	Mark Therrien
Section 3	Tom Wells	Julie Storms
Section 4	Rich Michalski	Jim Cerra
Section 5	Kevin Rosko	Lance Bush
Section 6	Paul Ksionzyk	Walter McLaughlin
Section 7	Heith Ford	Mike Francia
Section 8	Ed Corona	Nick Aurigemma
Section 9	Matt Hemmer	Brian Halling
Section 10	John Tebo	Larry Lamere
Section 11	Tony Toro	Tony Toro
PSAL	Dwayne Burnett	Dwayne Burnett
CHSAA	Jan Mitchell	Linda Jordan
AIS	George Calano	Adrien Ricci & Robert Annunziata

**Contact Information:**

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NYSPHSAA Director of Sales & Marketing: Chris Joyce, [cjoyce@nysphsaa.org](mailto:cjoyce@nysphsaa.org)

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NYSPHSAA Boys T&F State Coordinator: Tom Wells, [swim09@roadrunner.com](mailto:swim09@roadrunner.com)

NYSPHSAA Girls T&F State Coordinator: Dan Doherty, [dohertyd@optonline.net](mailto:dohertyd@optonline.net)

NYSPHSAA Outdoor T&F Tournament Director: Tim Bednarski, 315.247.2325,

[tbednars@nscsd.org](mailto:tbednars@nscsd.org)

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**2018 New York State Public High School Athletic Association  
Boys & Girls Outdoor Track & Field Championships**

**Tournament Site**

Cicero-North Syracuse High School  
6002 NY-31  
Cicero, NY 13039

**Admission and Ticket Sales**

Tickets are general admission (\$8.00 per day). Bus drivers with proper I.D. will be admitted to regionals, semis, and finals free of charge.

**Advance Sale**

For all NYSPHSAA Championships, advanced sale tickets may be purchased by visiting <https://gofan.co/NYSPHSAA>

**Entries**

Handled by Leone Timing & Results Services.

**Order of Events**

The order of events can be found at <http://nysphsaa.org/Sports/Track-Field-Outdoor/Championship-Central>

<b>TRACK</b>				<b>FIELD</b>			<b>FRIDAY JUNE 08, 2018</b>		
	Div I - Large			11:00	POLE VAULT	G	CHAMP	F	
	Div II - Small			12:00	DISCUS	B	I	FINAL	CLASS
				12:30	TRIPLE JUMP	G	I	FINAL	CLASS
12:30	Pent. 100 HH-1	G	CHAMP F		TRIPLE JUMP	G	II	FINAL	CLASS
			<i>lower seeds</i>						
	Pent. 110 HH-1	B	CHAMP F	12:30	SHOT PUT	G	I	FINAL	CLASS
			<i>lower seeds</i>						
	<b>OPENING CEREMONIES INCLUDING SPORTSMANSHIP AWARD WINNERS</b>			1:30	DISCUS	B	II	FINAL	CLASS
				2:00	SHOT PUT	G	II	FINAL	CLASS
				2:00	TRIPLE JUMP	B	I	FINAL	CLASS
1:30	100H	G	II T		JUMP	B	II	FINAL	
	100H	G	I T						
1:40	110H	B	II T						
	110H	B	I T	1:15	PENT.HIGH JP1	G	CHAMP	F	
1:50	100M	G	II T		PENT.HIGH JP1	B	CHAMP	F	
	100M	G	I T						
	100M	B	II T	3:30	POLE VAULT	B	CHAMP	F	
	100M	B	I T						
2:10	Pent. 100 HH-2	G	CHAMP F	3:00	DISCUS	G	I	CLASS	FINAL
			<i>higher seeds</i>						

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	Pent. 110 HH-2	B CHAMP	F <i>higher seeds</i>	4:30	DISCUS	G II	CLASS FINAL
2:30	400M	G II	CLASS FINAL				
	400M	G I	CLASS FINAL	3:30	LONG JUMP	G I	CLASS FINAL
	400M	B II	CLASS FINAL		LONG JUMP	G II	CLASS FINAL
	400M	B I	CLASS FINAL				
3:00	800M	G CHAMP	F	3:00	SHOT PUT	B I	CLASS FINAL
	800M	B CHAMP	F	4:30	SHOT PUT	B II	CLASS FINAL
3:30	200M	G II	T				
	200M	G I	T				
	200M	B II	T	3:15	PENT.SHO T-1	G CHAMP	F
	200M	B I	T	3:45	PENT.SHO T-1	B CHAMP	F
3:50	400 INTER H	G II	CLASS FINAL	3:00	PENT.HIGH JP-2	G CHAMP	F
	400 INTER H	G I	CLASS FINAL	3:15	PENT.HIGH JP-2	B CHAMP	F
	400 INTER H	B II	CLASS FINAL				
	400 INTER H	B I	CLASS FINAL				
4:20	4X100 RELAY	G II	CLASS FINAL				
	4X100 RELAY	G I	CLASS FINAL				
	4X100 RELAY	B II	CLASS FINAL	5:00	LONG JUMP	B I	CLASS FINAL
	4X100 RELAY	B I	CLASS FINAL		LONG JUMP	B II	CLASS FINAL
4:50	4X400 RELAY	G II	CLASS FINAL				
	4X400 RELAY	G I	CLASS FINAL				
	4X400 RELAY	B II	CLASS FINAL	5:00	PENT.SHO T-2	G CHAMP	F
	4X400 RELAY	B I	CLASS FINAL	5:30	PENT.SHO T-2	B CHAMP	F
5:40	3000M	G CHAMP	F				
	3200M	B CHAMP	F				

**SATURDAY JUNE 09,  
2018**

**TRACK**

**FIELD**

	2000M						
10:00	STEEPLE	G CHAMP	F				
	3000M						
	STEEPLE	B CHAMP	F				
11:00	100M	G II	CLASS FINAL				
	100M	G I	CLASS FINAL	10:00	HIGH JUMP	G CHAMP	F
	100M	B II	CLASS FINAL	10:00	DISCUS	G CHAMP	F
	100M	B I	CLASS FINAL				
11:15	1500M	G CHAMP	F	10:00	PENT.LONG JP-1	G CHAMP	F

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	1600M	B	CHAMP	F		PENT.LONG JP-2	G	CHAMP	F
11:45	100H	G	II	FINAL CLASS					
	100H	G	I	FINAL CLASS					
	110H	B	II	FINAL CLASS	11:00	PENT.LONG JP-1	B	CHAMP	F
	110H	B	I	FINAL CLASS		PENT. LONG JP-2	B	CHAMP	F
12:05	200M	G	II	FINAL CLASS					
	200M	G	I	FINAL CLASS	11:30	HIGH JUMP	B	CHAMP	F
	200M	B	II	FINAL CLASS	11:30	DISCUS	B	CHAMP	F
	200M	B	I	FINAL					
<b><u>BREAK 12:15 - 12:30</u></b>									
					12:30	SHOT PUT	G	CHAMP	F
					12:30	LONG JUMP	G	CHAMP	F
12:30	PENT. 800 (ALL)	G	CHAMP	F	12:30	LONG JUMP	B	CHAMP	F
12:50	100HH	G	CHAMP	F					
	110HH	B	CHAMP	F					
1:05	100M	G	CHAMP	F					
	100M	B	CHAMP	F	2:00	SHOT PUT	B	CHAMP	F
	PENT 1500 (ALL)	B	CHAMP	F	2:00	TRIPLE JUMP	G	CHAMP	F
1:30	400M	G	CHAMP	F	2:00	TRIPLE JUMP	B	CHAMP	F
	400M	B	CHAMP	F					
1:45	400 INTER H	G	CHAMP	F					
	400 INTER H	B	CHAMP	F					
1:55	200M	G	CHAMP	F					
	200M	B	CHAMP	F					
2:05	4X800 RELAY	G	CHAMP	F					
	4X800 RELAY	B	CHAMP	F					
2:55	4X100 RELAY	G	CHAMP	F					
	4X100 RELAY	B	CHAMP	F					
3:05	4X400 RELAY	G	CHAMP	F					
	4X400 RELAY	B	CHAMP	F					

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**Coaches Gate List**

Go to <http://nysphsaa.org/ADs-Coaches/Submit-Information-Online/Coach-Ticket-Request> and input the correct information. ONLY ONE COACH PER QUALIFIED ATHLETE IS ALLOWED. A school is allowed a MAXIMUM of 6 coaches.

**Team Supervision and Discipline**

We urge all players to conduct themselves in a sportsmanlike manner consistent with the principles of NYSPHSAA athletic participation. Each individual assigned to overnight lodging shall be responsible for any vandalism done to the room including theft. Any questions or problems concerning discipline of participating players and managers shall be addressed. Coaches are specifically responsible for the conduct of their respective teams during all phases of the Tournament, including all travel to and from the tournaments.

**Code of Conduct**

As of 2016-17, teams are no longer required to bring the code of conduct to the state tournament.

**Sportsmanship**

The promotion of sportsmanship is a priority for the New York State Public High School Athletic Association. Athletes, coaches, and fans-give your best and be a great sport! One male and one female athlete per Section will be chosen as the NYSPHSAA Sportsmanship Award Winner.

**Awards**

Medals will be awarded to the top 6 finishers. The state champion of each race/field event will receive a champion t-shirt.

**Press**

Chris Watson, NYSPHSAA Director of Communications will accept media credential requests. The Director of Communications must be satisfied that the request for a credential is made by a bona fide member of the working press (Daily/weekly newspaper, broadcast/community television station, and/or broadcast radio station). Bona fide members of the working press must contact Chris ([cwatson@nysphsaa.org](mailto:cwatson@nysphsaa.org)) prior to *Wednesday, June 6<sup>th</sup> at NOON* to assure a credential(s) will be available for them. ALL MEDIA REQUESTS will be reviewed prior to the tournament.

**Media and Film Rights**

Any requests for TV or radio coverage of NYSPHSAA Championship Events must be handled through the NYSPHSAA office one week prior to the contest. For radio contracts, visit [www.nysphsaa.org](http://www.nysphsaa.org) and click on Media to download a tournament contract. Print and complete the contract then fax (518-690-0775) or email to Chris Watson, Director of Communications, at [cwatson@nysphsaa.org](mailto:cwatson@nysphsaa.org). He will approve all radio requests and forward an approved contract back to you with site information. The radio broadcasting fee is \$250 per contest for semis and finals. A radio broadcasting agreement must be completed for EACH game. For any questions, contact Chris at (518) 690-0771.

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Spectrum is the *exclusive television and digital media broadcast partner of NYSPHSAA and has all television AND STREAMING rights to regional, semi-final, and final contests*. Any media outlet interested in broadcasting, must sublicense the games through Spectrum and NYSPHSAA. Please contact NYSPHSAA Assistant Director, Joe Altieri to request such approval ([altieri@nysphsaa.org](mailto:altieri@nysphsaa.org)). Videotaping, for instructional purposes only with approval by the NYSPHSAA office. Such permission must be obtained at least three days prior to the contest.

## 2018 New York State Public High School Athletic Association Boys & Girls Outdoor Track & Field Championships

### Facility

The Cicero-North Syracuse Track is unique in that it has the capability of allowing each field event to be run simultaneously. For example, both the boys and girls long jumps can be held at the same time. The CNS multi-event site allows meets to run much smoother and faster.



### The Track

- Eight lane all weather facility (1/4 pin spikes are allowed)
- Gill Kolar Fusion starting blocks will be supplied.

### Clerking Area for All Events

- The boys' locker area located at extreme south end will be used for clerking boys.
- The girls' locker area located at extreme north end will be used for clerking girls.

### Field Event Areas

- Two high jump, two shot put, two discus, two pole vault, and four jumping pits.
- There is also an Eversan 25-foot video board for live results to be displayed.





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**Stadium**

The stadium is located next to the track and contains three levels. There is seating on both sides of the track with a seating capacity of 5000.

**Level 1**

- A large centrally located concession with 14 individual serving areas.
- Two televisions mounted above the concession for instant results.
- Two locker rooms with shower and toilets.
- Two bathrooms for ladies with 10 toilets in each
- Two bathrooms for guys with 3 toilets and 6 urinals
- Two trainer's areas (one in stadium and one in high school near stadium).

**Level 2**

- Hospitality room for sectional representatives and officials is on the 2nd floor of the stadium.

**Level 3**

- The computerized system that runs the automatic timing, scoreboard, and sound system.
- Rooms for announcing, scoring, and media.

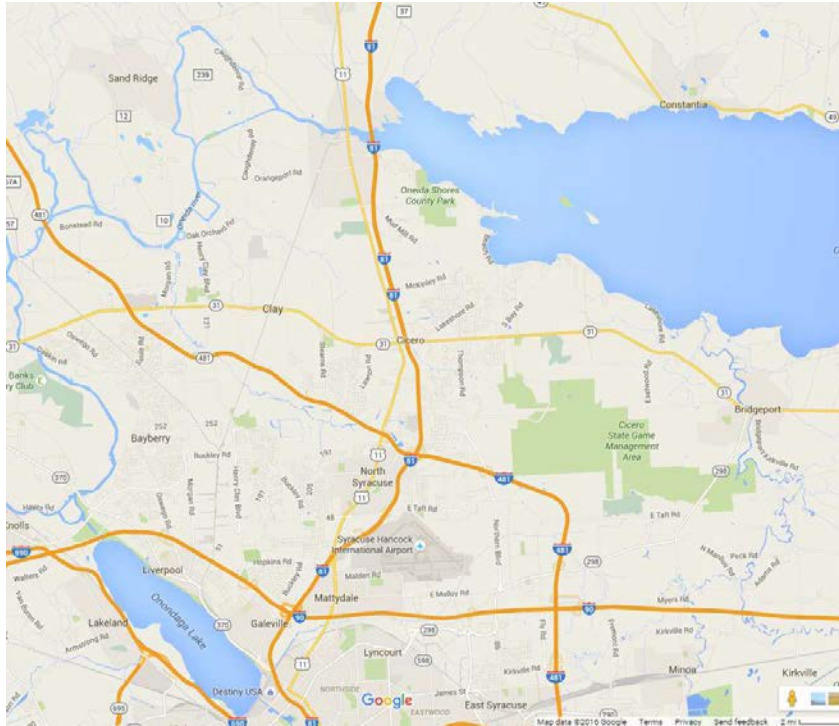
**Transportation**

Transportation expenses at the rate of \$1.35 per mile, per grid chart, for competing NYSPHSAA member schools will be paid by NYSPHSAA upon submission of a State Voucher by the participating Section Treasurer, directly to NYSPHSAA, 8 Airport Park Boulevard, Latham, New York 12110 Attn: Assistant Director.

- **Regionals:** All on-site expenses will be paid by the treasurer of the host section. All profit or loss at this level will be the responsibility of the competing sections.
- **Semi-Finals and Finals:** All on-site expenses will be paid by NYSPHSAA after submission of approved vouchers. Travel vouchers are available at [www.nysphsaa.org](http://www.nysphsaa.org).

## 2018 New York State Public High School Athletic Association Boys & Girls Outdoor Track & Field Championships

### Directions



### Directions to Cicero-North Syracuse High School

- From West – Take NYS Thruway (90) East to Exit 36. Take 81 North to Exit 30 (Cicero). Make a right onto Route 31 off the ramp, HS is one mile down on the right
- From East – Take NYS Thruway (90) West to Exit 34A. Take 481 North to 81 North. Take 81 North to Exit 30 (Cicero). Make a right onto Route 31 off the ramp, HS is one mile down on the right
- From North – Take 81 South to Exit 30. Make a left onto Route 31 off the ramp, HS is one mile down on right
- From South – Take 81 North to Exit 30. Make a right onto Route 31 off the ramp, HS is one mile down on right

### Directions to Great Northern Shopping Center from Cicero-North Syracuse High School

- Turn left out of the school onto Route 31 (west). The shopping center will be approximately 5 miles on the right.

### Directions to Destiny USA Shopping Center from Cicero-North Syracuse High School

- Turn left out of the school onto Route 31 (west). Turn left onto 81 South. Take 81 South until Hiawatha Boulevard Exit, follow signs to Destiny USA.

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**Parking**



**Busses**

- Drop-off in front of stadium in the designated area (veer right when entering high school). On Friday June 8 the busses will be directed to Believers Chapel (7912 Thompson Rd, Cicero, NY 13039). There will be a shuttle for the bus driver back to the stadium. June 9<sup>th</sup> the busses will park across the street at Cicero Elementary.

**Officials**

- Park on West side of high school (veer right when entering high school) in designated area.

**Spectators**

- Park on East side of high school (veer left when entering high school).
- Auxiliary Parking at Aldi Plaza (turn right into plaza just before high school entrance).

**Handicapped Parking**

- Ample handicap parking is available on West side of high school (veer right when entering high school).

**Sectional Reps**

- Veer LEFT when entering the high school

**Team Drop-off**

- Veer LEFT when entering the high school.
- \*\*\* Additional note – there is no charge to park at this event.

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**Boxed Lunch Order Form**



**\$12/lunch**

Purchased tickets will be valid for one boxed lunch. The sandwich choices will be made at time of pickup. The sandwich choices will be first come first served and there will be limited quantities of each sandwich type.

Each box contains a sub sandwich, chips, a chocolate chip cookie, an apple, and bottled water.

Sub choices will be:

- Turkey with cheese, lettuce, and tomato
- Ham with cheese, lettuce, and tomato
- Veggie with lettuce, tomato, green peppers, pickles, and cucumbers

Tickets must be preordered. The preordered tickets will be distributed to section coordinators on Thursday 6/7. **No tickets will be distributed without full payment.**

Tickets must be redeemed for the boxed lunch between 11 - 2:30 on the selected day. The redemption area will be located near the tennis courts.

Please fill out and return form, by **JUNE 1<sup>st</sup>** to  
Bequi Hilt  
6117 Ketch Dr  
Cicero, NY 13039  
Bequihilt@gmail.com

All payment must be received by **JUNE 5<sup>th</sup>**. Checks should be written to CNS Track.

Number of boxed lunches ordered:

Friday: \_\_\_\_\_ Saturday: \_\_\_\_\_

Section and/or school: \_\_\_\_\_

Contact person/phone: \_\_\_\_\_

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**Hotels**

<b>Hotel/Motel</b>	<b>Distance</b>	<b>Star Rating</b>	<b>Recent Rates</b>
<b>**Holiday Inn Liverpool</b>	<b>9.4 miles</b>	<b>4</b>	<b>\$124</b>
<b>**Holiday Inn Express &amp; Suites Syracuse N. Airport &lt; 0.1 mile NW</b>	<b>3</b>	<b>3</b>	<b>\$104</b>
Comfort Suites Cicero - Syracuse North	< 0.1 mile NW	3	\$130 - \$150
BEST WESTERN Syracuse Airport Inn	4.3 miles S	2	\$110 - \$190
Candlewood Suites SYRACUSE-AIRPORT	4.3 miles SSW	2	\$109 - \$155
Holiday Inn Express SYRACUSE AIRPORT	4.3 miles SSW	3	\$118 - \$214
Days Inn Brewerton/ Syracuse Near Oneida Lake	4.3 miles NNW	2	\$108 - \$130
Econo Lodge Inn & Suites Airport	4.5 miles SSW	1	\$68 - \$145
Red Carpet Inn North Syracuse	4.9 miles SSW	1	\$58 - \$67
Courtyard Syracuse Carrier Circle	5.8 miles S	3	\$129 - \$239
Days Inn Syracuse University	5.8 miles S	1	\$85 - \$119
Embassy Suites Syracuse	5.8 miles S	3	\$143 - \$179
Residence Inn Syracuse Carrier Circle	5.8 miles S	3	\$148 - \$271
Red Roof Inn Syracuse	5.8 miles S	2	\$51 - \$135
Super 8 Syracuse East	5.8 miles S	1	\$60 - \$70
Quality Inn East Syracuse	5.8 miles S	2	\$54 - \$126
Howard Johnson East Syracuse	5.8 miles S	1	\$50 - \$150
Americas Best Value Inn East Syracuse	5.8 miles S	1	\$49 - \$51
Candlewood Suites SYRACUSE	6 miles S	2	\$119 - \$209
Hilton Garden Inn Syracuse	6 miles SSE	3	\$143 - \$229
Cresthill Suites Syracuse	6 miles SSE	3	\$105 - \$221
SpringHill Suites Syracuse Carrier Circle	6 miles SSE	3	\$139 - \$189
BEST WESTERN PLUS Carrier Circle Syracuse	6 miles S	3	\$106 - \$170
Baymont Inn & Suites East Syracuse	6 miles S	3	\$79 - \$179
Comfort Inn Carrier Circle	6.1 miles S	2	\$86 - \$170
DoubleTree By Hilton Syracuse	6.1 miles S	3	\$142 - \$159

\*\*Notates Host Property with negotiated rates

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**Local Restaurants**

Twin Trees III (Pizza)  
310 North Main Street  
North Syracuse, NY 13212  
(315) 458-9311

Tully's Good Times  
7838 Brewerton Road  
Cicero, NY 13039  
(315) 452-5656

Frank's Plank Road Restaurant  
8350 Brewerton Road  
Cicero, NY 13039  
(315) 699-9119

Copper Top Tavern  
7777 Brewerton Rd  
North Syracuse, NY 13212  
(315) 458-1999

Nestico's Restaurant  
412 North Main Street  
North Syracuse, NY 13212  
(315) 458-5188

Basil Leaf  
3920 Brewerton Road  
North Syracuse, NY 13212  
(315) 458-5800

Cracker Barrel Cicero  
8400 Pardee Road  
Cicero, NY 13039  
(315) 698-4311

Country Pizza  
8292 Brewerton Road  
Cicero, NY 13039  
(315) 699-2775

Borio's Restaurant  
8891 McDonnell's Pkwy  
Cicero, NY 13039  
(315) 699-2249

Applebee's  
628 South Main Street  
North Syracuse, NY 13212  
(315) 452-5670

Twin Tree's Pizza (Cicero)  
6259 State Hwy 31  
Cicero, NY 13039  
(315) 699-6422

McDonalds  
5879 NY 31  
Cicero , NY 13039

Moes  
5663 W. Circle Dr  
Cicero, NY 13039  
(315) 214-0130

Spera's Meat Deli and Grocery  
6250 Route 31  
Cicero, NY 13039  
(315) 699-4422

Chick-Fil-A  
7932 Brewerton Rd  
Cicero, NY 13039