



The Rotary Relays

Chenango Forks Track and Field is hosting the **Rotary Relays** to be held on Thursday March 28, 2024 at 4:30 PM.

Scoring:

- Scoring will be done in the traditional style: 10-8-6-4-2-1.
- We will have exhibition 100 and 110 Meter Hurdles that do not count towards scoring.
- We will also have a non-scoring exhibition 100 Meter Dash to include more sprinters into the meet that could not run in a relay. Winners still receive First Place awards for the exhibition events.
- The Throwers 400 Meter Relay teams **WILL** count towards scoring and **MUST** be made up of Throwers that threw that day.

Number of Entries:

Each school is allowed up to three male and three female entries in the exhibition races. Each school is allowed **TWO** athletes per field event. In order to count for scoring, you must have two athletes compete in the event and their best performances will be added together. All individual field events will be conducted as normal.

The only exception is that Throwers are limited to one Throwing Event.

For example, anyone throwing Shot cannot throw Discus and vice versa. This is an attempt to put more Throwers in the meet without putting teams at a scoring disadvantage.

Featured Event:

The Nimmonsburg Rotary Club's founder was Dr. Robert W. Smith. In honor of Dr. Bob, the Featured Event at this Meet will be the DMR. An additional award will be given to the winners of the DMR Teams for both Boys and Girls with a special presentation from Rotary International.

Awards and Concession:

There will be T-shirts for all event winners, prizes for all first through third place finishers, and a trophy for the overall Boys and overall Girls champion. There will also be a food truck on site for concessions and Invite T-Shirts will be available for purchase.

Fees:

The entry fee is \$200 per school (this is the total price for a combined male and female team). Checks should be made out to "Chenango Forks Track and Field," and mailed to Chenango Forks High School, c/o Jason Motell, 1 Gordon Drive, Binghamton, NY 13901.

Contact Information:

The meet is being capped at eighteen teams, so please reserve your spot now by sending an Email to Varsity Head Coach, Jason Motell at Motellj@cforks.org



The Rotary Relays

TRACK EVENTS					FIELD EVENTS
	1	Exhibition 100M Hurdles	Girls	Final	Field Events will start at 4:30: Girls and Boys High Jump Girls Pole Vault Boys Shot Put Girls Discus Girls and Boys Long Jump <u>Followed By:</u> Boys Pole Vault Girls Shot Put Boys Discus Girls and Boys Triple Jump <hr/> For the Horizontal Jumps there will be 3 Jumps and no finals. For the Throws there will be 3 Throws and no finals. <hr/> Reminder: Throwers are only allowed to participate in one Throwing Event.
	2	Exhibition 110M Hurdles	Boys	Final	
	3	400M Relay	Girls	Trials	
	4	400M Relay	Boys	Trials	
	5	6400M Relay	Girls	Final	
	6	6400M Relay	Boys	Final	
	7	400M Relay	Girls	Final	
	8	400M Relay	Boys	Final	
	9	3200M Relay	Girls	Final	
	10	3200M Relay	Boys	Final	
	11	Sprint Medley (4-2-2-8)	Girls	Final	
	12	Sprint Medley (4-2-2-8)	Boys	Final	
	13	Exhibition 100 Meter Dash	Girls	Final	
	14	Exhibition 100 Meter Dash	Boys	Final	
	15	1600M Relay	Girls	Final	
	16	1600M Relay	Boys	Final	
	17	Dr Robert W. Smith Distance Medley (12-4-8-16)	Girls	Final	
	18	Dr Robert W. Smith Distance Medley (12-4-8-16)	Boys	Final	
	19	800M Relay	Girls	Final	
	20	800M Relay	Boys	Final	
	21	Throwers 400M Relay*	Girls	Final	
	22	Throwers 400M Relay*	Boys	Final	

*The Throwers 400M Relay must be made up of Throwers that threw the day of the Meet.