



15TH ANNUAL RED DRAGON INVITATIONAL
SATURDAY, SEPTEMBER 9th, 2023
BEMUS POINT GOLF CLUB
72 MAIN STREET, BEMUS POINT, NEW YORK 14712



Come join us to kick off your season at the Red Dragon Invitational, a cross country race on the beautiful grounds of the Bemus Point Golf Club. This invitational is a good preview of and preparation for championship season, as the course will be the site of the 2023 CCAA Championship meet as well as the 2023 Section VI Championship meet. The first and third miles of the course are run on flat grounds, while the second mile features challenging rolling hills. The modified course is two miles long, and omits the second mile of the varsity course. Concessions and t-shirts will be for sale, and there will be awards for top team finishers as well as individual awards. Treat yourself to a delicious lunch at the Golf Course's restaurant and tap house afterwards!

VARSITY RACES

- Varsity races will be split into small, medium, and large schools after entries come in depending on the number of teams and runners entered. Unlimited runners can be entered in varsity races.

MODIFIED RACES

- Small, medium, and large schools will be combined for modified runners. Unlimited runners can be entered in modified races.

SCHEDULE

9:00 am Coaches Meeting	
9:30 am Girls Small School Varsity	11:30 am Girls Large School Varsity
10:00 am Boys Small School Varsity	12:00 pm Boys Large School Varsity
10:30 am Girls Medium School Varsity	12:30 pm Girls Modified (all)
11:00 am Boys Medium School Varsity	1:00 pm Boys Modified (all)

ENTRIES, COST, & PAYMENT

- Please email bemuspointtrackclub@gmail.com ASAP with the following information:
 - Program's intent to participate & what teams you will be bringing so we get an idea of numbers
 - Head coach name, email address, & cell phone number
- To secure your team's spot in this meet, please email bemuspointtrackclub@gmail.com AND register on Milesplit by Monday, September 4th:
<https://ny.milesplit.com/meets/516340-red-dragon-xc-invitational-2023>
- We will get in touch with you on Tuesday, September 5th to let you know whether your varsity teams will be racing in the small, medium, or large school division so you can determine your transportation and timing for the day.
- Payments ahead of time are highly preferred, but we understand that some schools will not pay until after the event occurs. Payments must be in at the latest by September 29th, 2023.
- \$200 per program blanket fee OR \$125 if entering only boys or only girls teams
- Make checks payable to: Bemus Point Track Club

Any questions please email all 3 of the following emails to make sure someone gets back to you ASAP:

- bemuspointtrackclub@gmail.com
- jzuroski@bemusptcsd.org (John Zuroski, head coach)
- bzuroski@bemusptcsd.org (Bella Zuroski, assistant coach)

Please print & mail this page along with your payment to:

Bemus Point Track Club
PO Box 434
Bemus Point, NY, 14712

Red Dragon Invitational 2023

School Name	
School Address	
Head Coach	
Head Coach Email	
Telephone #	
Payment (circle one)	Blanket Program Fee \$200 OR Boys/Girls only \$125

Office Use Only:

Paid _____

Check Number _____