

Dutchess County Bowdoin Park Nature and Hiking Trail System

SPECTATORS MUST KEEP OFF THE COURSE
RESPECT ALL RUNNERS

NYS FEDERATION 5K COURSE

NUMBER PICKUP-REG.
NEW - P = BAND SHELL - AWARDS

Building Key

-  Parking Areas
-  Buildings
- 1. Pavilion 1
- 2. Pavilion 2
- 3. Pavilion 3
- 4. Pavilion 4
- 5. Nature and History Centers
- 6. Community Center/ Main Office
- 7. Chapel
- 8. Mapleknoll Lodge and Cabins

(BH) = BIG HILL

MOSTLY ROLLING HILLS
SOME OUT & BACK

SOLID LINE - OUT
DASH-DOT - BACK

1000 M TO FINISH AFTER BRIDGE

ALL SPECTATORS ON THIS SIDE - ONLY

SOME PARKING WILL BE OFF SITE - TBA.

- ### Bowdoin Park Trails
-  Red Trail 3.1 miles
 -  Yellow Trail Bypass 2.75 miles
 -  Orange Trail Bypass 1.1 miles
 -  Trail Head
 -  Main Entrance of Park
- Distances and trail locations are approximations

