

2023 Byron-Bergen Kota-Reis XC Invitational



September 16th, 2023
Location: Byron-Bergen HS

Course Description:

A flat and fast course on campus which includes over a mile of trails. A great early season 5k.

Registration:

Fee: \$150 per school, \$75 for just a boys team or just a girls team, \$15 individual

Email intent to participate to:

Coach Dave Bateman - davembateman83@gmail.com **before September 8th**

Limit: 25 teams

Schedule:

Course Opens: 9:00am

Girls Modified: 9:30am

Boys Modified: 10:00am

Boys Varsity "B" Race: 10:30am (Unlimited Entries)

Girls Varsity "B" Race: 11:15am (Unlimited Entries)

Boys Varsity: 12:00pm (Maximum of 10 entries)

Girls Varsity: 12:30pm (Maximum of 10 entries)

Awards Immediately Following

*Teams should place their top 7 runners in the varsity races, entries 8-10 are optional and can be run in either the Varsity or Varsity B races. JV Races are intended for your non scoring runners.

Awards:

Awards for top 3 teams

Trophies for individual champions in Varsity races, medals for Varsity B and Modified winners

Top finishers in Varsity races will receive shirts (1-5), medals (2-10), and ribbons (11-25)

Top finishers in Varsity B races will receive medals (2-5), ribbons (6-15)

Top finishers in Modified races will receive ribbons (2-10)

Apparel will be available for sale
Concessions will also be available

Entry Form

School:

Coach:

Coach Email:

Coach Phone:

PLEASE indicate which teams will participate:

Boys Varsity _____

Girls Varsity _____

Boys Varsity B _____

Girls Varsity B _____

Boys Modified _____

Girls Modified _____

Make checks payable to:

Byron-Bergen CSD C/O Cross Country Team

Please send entry and payment by September 8th to:

Rich Hannan

Byron-Bergen High School

6917 West Bergen Road

Bergen, NY 14416

Questions:

Coach Dave Bateman (585-409-8814)

davembateman83@gmail.com